

Saint Mark Orthodox Church

Orthodox Church in America Diocese of Washington 7124 River Road Bethesda, MD 20817 Church Office: 301-229-6300 www.stmarkoca.org	Rector V. Rev. Gregory Safchuk Office: 301-229-6300 Home: 301-320-0739 gsafchuk@hotmail.com admin@stmarkoca.org	Parish Council President: Michael Thompson Home: 703-204-9092 dunaad@msn.com
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OCTOBER 15, 2017

EPISTLE 2 Cor. 11:31 – 12:9 Heb. 13:7 – 16	GOSPEL Luke 8:5 – 15 John 17:1 – 13	Tone 2
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DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

19th SUNDAY AFTER PENTECOST (4th of Luke) Commemoration of the Holy Fathers of the 7th Ecumenical Council. Ven. Euthymius the New, of Thessalonica, Monk of Mt. Athos (889). Martyr Lucian, Presbyter of Antioch (312). St. John, Bishop of Suzdal' (14th c.). Hieromartyr Lucian, Presbyter of the Kiev Caves (Far Caves – 1243). Martyrs Sarbelius and Bebaia (Barbea) of Edessa (2nd c.). St. Sabinus, Bishop of Catania (760).

Sunday	Oct	15	9:15a	Reading of the Third Hour
			9:30a	Divine Liturgy
			11:15a	Coffee Hour Fellowship
			11:30a	Choir Rehearsal
			11:30a	Church School
Tuesday	Oct	17	9:00a	Nut Roll Baking
			10:30a	Bl. Mka. Olga Prayer Group - Akathist
Wednesday	Oct	18	9:00a	Nut Roll Baking
Thursday	Oct	19	9:00a	Halupki Workshop
Friday	Oct	20	10:00a	Spanakopita Prep Workshop
Saturday	Oct	21	9:00a	Spanakopita Assembly Workshop
			5:00p	Private Confession
			5:30p	Great Vespers
			6:30p	Bible Study
			6:30p	FOCA Chapter Meeting

The **Sanctuary Candle** is donated by **Joan Mitchum** in celebration of **Stephanie and Pat King's** wedding anniversary! May God Grant Them Many Years!

Coffee Hour Fellowship

Date	Hosts/Hostesses			Donuts/Bagels
Oct. 15	Sekellic	Datch	Looby	Tucker
Oct. 22	Cacic	Mitchum	Hottle	Phelps

Choir Directors, Readers, Preparers, Greeters, & Altar Servers

Date	Director	Reader	Preparer	Greeter	Altar Servers
Oct. 15	S & D Hardy	J.M. Mikulik	V. Bumbak	M. Nimmer & R. Zabela	A. Ahmadi A. Datch C. Datch J. Sedor M. Sedor
Oct. 22		M. Phinney	V. Lutes	M. Hydock & C. Williamson	

Classes

Bible Study

October 21st	Following Vespers
October 28th	Following Vespers

TO OUR VISITORS WITH YOUNG CHILDREN: If you are seeking a quiet place to nurse or calm a rambunctious child, there are two rooms off of the main hallway on this floor to serve you. Our library is the second door on the left as well as our teen classroom, the last door on the left, at the end of the hallway. The library has rocking chairs, and both rooms offer comfortable couches and moderate privacy. Changing tables are located in the Ladies room on the upper level and in the Men's room on the lower level.

PRAYER REQUEST – O Christ, You alone are our Defender: Visit and help Thy servants who are in need of your help, protection and healing. Among them: John & Marti Badila; Christina Berencz, Tina Burpee, Shirley & Paul Dean; Margaret & Bill Dove; Julie Flick; Claire & Caroline German; Marge German; Jurretta Heckscher; Mark Helba; Evelyn Leleck; Larisa Looby; Marina McKee; Catherine Mikuluk; Karen Nichols; Nicholas & Maura Moser; Timothy Parrish; Mark Phinney; Nicholas Rotunda, Helen & Francisco Salas; Alexandra Sedor; Katie & Elowen Sheppard; Peter Sielinski; Olga Skenderska; Andrea Ticich; Don & Peter Truitt; Beth Tucker.

Please pray for **Margaret**, Mary Carol Ashley's mother; Ellen Barber's friends **Bruce** and **Pamela**; Tina Burpee's mother **Margaret**, brother-in-law **James**, cousin **Andrew** and friend, **Edward**; Christine Cacic's friend, **Carmen**; **John & Suzette** Eremin; Julia Flick's son, **James** Shimer, and her stepdaughter, **Jeanie** Folton; Marge German's brother, **John**, sister, **Elaine**, and grandson, **Joshua**; **Jeff** Jordan, friend of the Hardy family; Jurretta Heckscher's father, **Stevens**; **Will & Janie** McNamara, friends of Christina Kalavritinos; **Olga**, friend of Helen Kerch; Mat. Jan and Fr. Mark Koczak's friend, **Metropolitan Isaiah** (Georgian Patriarchate); **Mary** Everhart, mother of Ted Koopersmith; Michael Lungociu's brother-in-law, **Douglas**, and a friend's mother, **Gitta** Finch; Marilyn Macht's friend, **Priscilla** Colby and Marilyn's cousins **Evelyn, Helen** and **Linda**. Anelia Rotunda's father, **Ivan**; Friend of Debbie Sieff, **Fr. Taras** Chubenko, of St. Demetrius Ukrainian Orthodox Cathedral in Carteret, NJ, who is recovering from esophageal surgery; Peter Sielinski's friends **Brenda & Jim** Hall, **Kelly, Samuel, Ron, Pat, Bailey, Jenn** and **Matt**; Sharon Sielinski's Mother, **Marjorie**, her niece **Taylor**, and her friend **Laura**, who was recently diagnosed with breast cancer; Olga & Slavina Skenderska's cousins, **Desi & Stanislav**, and friends **Catherine & Justin**; Ellen Thompson's daughter, **Sonya**; **Don Truitt's** parents; friends of St. Mark, **Tanya & James** Twyman; Friend of St. Mark **Linda** Weir; **Christen** and infant **Alexander**

Deliver them from sickness and grievous pains. Raise them up that they may sing to Thee and praise Thee without ceasing, through the prayers of the Theotokos and all your Saints!

CHOIR REHEARSAL: There will be choir rehearsal TODAY immediately following Liturgy!

UPCOMING BAZAAR WORKSHOPS: Mark your calendars! The next bazaar workshops are **THIS WEEK!** Nut Roll Baking on **Tuesday, October 17th, at 9:00 am**, Nut Roll Baking on **Wednesday, October 18th, at 9:00 am**, Halupki Workshop on **Thursday, October 19th, at 9:00 am**, Spanakopita Prep Workshop on **Friday, October 20th, at 10:00 am**, and Spanakopita Assembly Workshop on **Saturday, October 21st, at 9:00 am**. We need all hands on deck to make these workshops go smoothly and efficiently so please consider joining us for one, two or all of these workshops! Thank you!

AN ORTHODOX VIEW OF ISLAM will be presented by Fr. Thomas Soroka on Saturday, November 18th, from 12:00 pm—5:00 pm. Admission is \$10 and includes lunch. Sponsored by St. Mark FOCA. For more information please pick up a flier from the candle counter. To register RSVP to Marcella Hydock at vze5847i@verizon.net

FILLINGS ARE AVAILABLE Apricot, raspberry, and poppy seed fillings are now available for your use in bazaar baking. New parishioners can find suggested recipes for baking for the bazaar on the table next to the kitchen door. Please see Tina Burpee, Ginny Albert, or Paula Zabela to avail yourself of fillings.

BAZAAR SIGN UP SHEETS HAVE BEEN POSTED Sign-up sheets to work at the bazaar are posted on the bulletin board next to the kitchen door. Every line must be filled in to have the bazaar run efficiently. Please sign up for a shift for each day of the bazaar.

CHRISTMAS CARD: PARISH CHRISTMAS CARD Believe it or not, it's that time to begin preparing for Christmas! Once again, we'll be sending out a Community Christmas card. If you would like your name included on the card, the cost will be \$15 per family name. Any profit will help defray the cost of flowers used to decorate the Church during feast days. If interested, please see Coy Williamson or Mka. Sasha Safchuk to make a donation. You can also send a check in, but please mark it for "Christmas Card" and let Mka. Sasha know how you want your name to appear at: asafchuk@hotmail.com. **The last day to donate and have your name included on the card is Sunday, November 12th**. Thanks!

BAZAAR SPONSERSHIP: If you are unable to work at or bake for the bazaar, another way to help is to contribute towards the cost of ingredients. A list of ingredients and their costs is posted on the bulletin board next to the sign-in sheets. Donations can be given to Tina Burpee or directly to Gene Jacobsen.

THANKSGIVING AND COMMITMENT: The Opening of the Doors of Ss. Constantine & Helen Greek Orthodox Church of Washington, DC will take place on October 28th & October 29th, 2017 in Silver Spring, MD. The events are as follows: Saturday at 5:00p.m. – The Opening of the Doors Service– Great Vespers. Sunday at 8:00 a.m. – Orthros (Matins); 9:30 a.m. – Archierarchical Divine Liturgy; 12:00 – Reception; 1:30p.m. – Luncheon with His Eminence Archbishop Demetrios, Geron of America at The Inn at Brookeville Farms. Luncheon Seating may be purchased by credit card for \$125.00 per person by calling 301-509-2449 or by cash or check at our church office. Seating is extremely limited, and reservations will be taken on a first come first serve basis. Tickets will not be sold at the door.

MAKE AN AFTERNOON WITH THE SHADY GROVE PREGNANCY CENTER: Come hear Irina Grossu, Director of the Center for Human Dignity at the Family Research Council, speak at our Annual Benefit Luncheon – Sunday, October 22, 12:30 p.m. at the Rockville Hilton Hotel. Ms. Grossu specializes in sanctity of life issues. Have fun with our Raffles - 50/50 and more! - and enjoy a delicious seated luncheon while being inspired by what we are doing on the pro-life front. Reservations required; contact Susan Veirs development@pregnancy-options.org or 301-963-6223.

SAVE THE DATE: The Shady Grove Pregnancy Center Benefit Luncheon for 2017 will take place on Sunday, October 22nd, at Rockville Hilton. We will once again have a table for this event. Mark your calendars and please let Fr. Gregory know ASAP if you plan to attend!

YOUTH GROUP ANNOUNCEMENT: Now that the school year is starting, it is time for the youth group to start up again! If you are in grades 5—12 and are interested in being a member, please send Sonya LeFors an email with your name: leforss@gmail.com. We are planning a fall kickoff in October!

EVANGELIZER PICK UP: If you did not get your copy last week, the October-November-December edition of the Evangelizer is ready for pick up! They are located in the metal basket in the hall outside of the church!

ST. MARK WOMEN'S BOOK CLUB: If you enjoy a good read followed by a worthy discussion, please consider attending the St. Mark Woman's Book Club. We choose books well in advance and then meet on the last Sunday of every month to discuss the merits of our choices. October 29th—*Icon* by Georgia Briggs; November 26th—*Small Great Things* by Jodi Picoult; December 31st—a story from Chicken Soup for the Soul and a snack to share! <http://www.chickensoup.com>. Book suggestions are always welcome. See Mat. Sasha for more details.

IOCC RACE TO RESPOND: Do you want to make a difference in the lives of vulnerable families around the world? Join our IOCC team at the Baltimore Running Festival on October 21, 2017 and help raise money for those in need in places like Syria, Greece, Ethiopia, and the US Gulf Coast. For the past five years at the Baltimore Running Festival, IOCC's team has included a wide range of participants, from kindergarteners to an Orthodox priest and retired grandmothers! All abilities of walkers and runners are welcome, as there is a range of participation options: a Kid's Fun Run, 5K, Team Relay, Half Marathon and Full Marathon. Signing up is easy at www.iocc.org/Baltimore.

CENTER FOR BYZANTINE ARTS

Calling all Students: The 1st Annual Student Show will be held October 13th—December 30th. If you have had instruction by Colette Kalvesmaki, Richard Christin, Wayne Hajos, and Karen Ward you are invited to submit your work to the Center's first Student Icon Exhibit. Details can be found on the flier down stairs in the parish hall. For questions or inquiries contact Colette Kalvesmaki: paraskeve@gmail.com or call 301-977-7297.

"Behind the Exhibit" An exclusive opportunity to go behind the scenes of the regular museum display to see and study objects not normally seen. This is a continuation of the Ivory Lecture held at the CBMA by Dr. Gudrun Buehl, Museum Director and Curator of the Byzantine Collection at Dumbarton Oaks. When: November 4th, at 10:00 am. Where: 1703 32nd St NW, Washington, DC 20007. For more information see the flier down stairs in the parish hall or visit byzarts.com.

Icon Drawing Class 2: For those who have attended the Icon Drawing Class 1 or have previous drawing experience and would like to enhance their drawing ability, this course will, emphasizing how to depict the light that emanates from the figures. Basic supplies will be provided. Contact Karen Ward Karen@mandorla-arts.com for questions and sign up at byzarts.com.

SPANAKOPITA WORKSHOP: Help Needed! Friday October 20th and Saturday, October 21st. The spanikopita workshop needs helping hands on Friday (chop onions, squeeze spinach), at 10:00 AM, then again Saturday starting at 9:00 AM to assemble the spanikopita. We need at least four people on Friday, and ten, or more, on Saturday. Each workshop will last about three hours. Please help! Come if you can donate even one hour of your time. No experience needed.

CALLING ALL BAKERS! WE NEED YOU! It's time to plan how you can use your special baking talents to support Saint Mark at the Bazaar!

Our Bake Sale customers come looking for all kinds of yummy homemade sweet or yeast breads and ethnic specialties. Examples of popular items last year include: baklava; fruit/nut breads; apricot, pecan, raspberry and prune kolache; filled cookies; black Russian mini cakes; Lebanese butter cookies, pecan tassies; Welsh cookies; Serbian mocha nut balls; Russian tea cookies; poppy seed cake; and just about any gluten free cookie, muffin or bread you can bake!

Several workshops will be held in the church kitchen this fall; if your schedule permits, we hope you will join in the fun!

- Oct. 17 – 9:00 am – Nut Roll Baking
- Oct. 18 – 9:00 am – Nut Roll Baking
- Oct. 24 – 9:00 am – Poppy seed & Apricot Roll Baking
- Oct. 28 – 9:00 am – Black Bread Baking

If this is your first Bazaar, you may want to pick up a copy of "Suggested Recipes For Baked Goods For Our Bazaar" from the table in the church hall. It contains suggestions for donations to the Bake Sale and the Dessert Table, along with instructions for at-home preparation and storage.

The Health Department requires that ingredients be listed and that items are packaged individually for sale (i.e., cookies are packaged by the half dozen or dozen). If you can let us know ahead of time what you are making by either emailing us or signing up on the clipboard in the church hall, we will prepare labels in advance and have packaging ready for your goodies.

Please sign up! Questions? Contact Ginny Albert (ginny.albert@gmail.com) or Paula Zabela (pzabela@comcast.net)

LIFE LINE SCREENING, a leading provider of community-based preventive health screenings, is pleased to offer a preventive health event at St. Mark Orthodox Church on 11/9/2017. Five screenings will be offered that scan for potential health problems related to: blocked arteries which is a leading cause of stroke; abdominal aortic aneurysms which can lead to a ruptured aorta; hardening of the arteries in the legs which is a strong predictor of heart disease; atrial fibrillation or irregular heart beat which is closely tied to stroke risk; and a bone density screening, for men and women, used to assess the risk of osteoporosis. Register for a Wellness Package which includes 4 vascular tests and osteoporosis screening from \$149 (\$139 with our member discount). All five screenings take 60-90 minutes to complete. **There are three ways to register for this event and to receive a \$10 discount off any package priced above \$129, please call toll-free 1-888-653-6441 or visit: <http://lifelinescreening.com/communitycircle> or text the word circle to 797979**

Happy Birthday To You!
May God Grant You Many Years!

- 15 Cristin Kumar
Tammy Jacobsen
Yeshimebet Samara
- 16 Oleg Jankovic
- 17 Martha Baxtresser
- 18 Dean Balamaci
Nikolay Korokhov
Barbara Mersereau
- 21 Rebeka Badila

THREE WAYS TO KNOW THE BODY OF CHRIST: Fr. Chad Hatfield, President of St. Vladimir's Seminary, will be leading a retreat at Holy Archangels Orthodox Mission in Annapolis on Saturday, November 4th, titled "Three Ways to Know the Body of Christ: Incarnation, Mission, Sacrament." For more information and to register for the event visit: www.OrthodoxAnnapolis.org