

## ***Saint Mark Orthodox Church***

<b>Orthodox Church in America Diocese of Washington</b> 7124 River Road Bethesda, MD 20817 Church Office: 301-229-6300 www.stmarkoca.org	<b>Rector</b> V. Rev. Gregory Safchuk Office: 301-229-6300 Home: 301-320-0739 gsafchuk@hotmail.com admin@stmarkoca.org	<b>Parish Council President:</b>  Michael Thompson Home: 703-204-9092 dunaad@msn.com
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**NOVEMBER 5, 2017**

<b>EPISTLE</b> Gal. 6:11 – 18	<b>GOSPEL</b> Luke 8:41 - 56	Tone 5
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### DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

22<sup>nd</sup> SUNDAY AFTER PENTECOST (7<sup>th</sup> of Luke) Martyr Galacteon and his wife, Epistemis, at Emesa (3<sup>rd</sup> c.).  
 Repose of St. Jonah, Archbishop of Novgorod (1470). Apostles Patrobus, Hermes, Linus, Gaius, and Philologus, of the Seventy (1<sup>st</sup> c.). St. Gregory, Archbishop of Alexandria (9<sup>th</sup> c.).

Sunday	Nov	5	9:15a	Reading of the Third Hour
			9:30a	Divine Liturgy
			12:00p	BAZAAR!
Tuesday	Nov	7	10:30a	Bl. Mka. Olga Prayer Group – Int. Prayer
Saturday	Nov	11	5:00p	Private Confession
			5:30p	Great Vespers
			6:30p	Parish Council Meeting
Sunday	Nov	12	9:15a	Reading of the Third Hour
			9:30a	Divine Liturgy
			11:15a	Coffee Hour Fellowship
			11:30a	Church School
			11:30a	Choir Rehearsal
Wednesday	Nov	15		Nativity Fast Begins
Saturday	Nov	18	12:00p	St. Mark FOCA Religious Education Program
			5:00p	Private Confession
			5:30p	Great Vespers
Sunday	Nov	19	9:15a	Reading of the Third Hour
			9:30a	Divine Liturgy
			11:15a	Coffee Hour Fellowship
			11:30a	Annual Parish Meeting

### Coffee Hour Fellowship

Date	Hosts/Hostesses			Donuts/Bagels
Nov. 5	<b>BAZAAR</b>	<b>BAZAAR</b>	<b>BAZAAR</b>	<b>BAZAAR</b>
Nov. 12	T&G Jacobsen	Prose	S. Jacobsen	Thompson

### Choir Directors, Readers, Preparers, Greeters, & Altar Servers

Date	Director	Reader	Preparer	Greeter	Altar Servers
Nov. 5	S. Hardy	M. Lungociu	Dn. D. Phelps	P. Masick & T. Sekellick	A. Ahmadi A. Datch C. Sedor J. Sedor M. Sedor
Nov. 12	C. Berencz	P. Dean	C. German	N. Kumar	

### Classes

#### Bible Study

Bible Study is finished for the rest of the year. We will meet again in the New Year 2018!

**TO OUR VISITORS WITH YOUNG CHILDREN:** If you are seeking a quiet place to nurse or calm a rambunctious child, there are two rooms off of the main hallway on this floor to serve you. Our library is the second door on the left as well as our teen classroom, the last door on the left, at the end of the hallway. The library has rocking chairs, and both rooms offer comfortable couches and moderate privacy. Changing tables are located in the Ladies room on the upper level and in the Men's room on the lower level.

**PRAYER REQUEST – O Christ, You alone are our Defender: Visit and help Thy servants who are in need of your help, protection and healing. Among them: John & Marti Badila; Christina Berencz, Tina Burpee, Shirley & Paul Dean; Margaret & Bill Dove; Julie Flick; Claire & Caroline German; Marge German; Jurretta Heckscher; Mark Helba; Evelyn Leleck; Larisa Looby; Marina McKee; Catherine Mikuluk; Karen Nichols; Nicholas & Maura Moser; Timothy Parrish; Mark Phinney; Nicholas Rotunda, Helen & Francisco Salas; Alexandra Sedor; Katie & Elowen Sheppard; Peter Sielinski; Olga Skenderska; Andrea Ticich; Don & Peter Truitt; Beth Tucker.**

Please pray for **Margaret**, Mary Carol Ashley's mother; Ellen Barber's friends **Bruce** and **Pamela**; Tina Burpee's mother **Margaret**, brother-in-law **James**, cousin **Andrew** and friend, **Edward**; Christine Cacic's friend, **Carmen**; **John & Suzette** Eremin; Julia Flick's son, **James** Shimer, and her stepdaughter, **Jeanie** Folton; Karina Fortuny's god-daughter infant **Maria**, Maria's parents **Tzvetelina** and **Lyubomir**, and brother **Ioan**; Marge German's brother, **John**, sister, **Elaine**, grandson, **Joshua** and friend **Louise**, who is recovering from triple by-pass surgery; **Jeff** Jordan, friend of the Hardy family; Jurretta Heckscher's father, **Stevens**; **Will & Janie** McNamara, friends of Christina Kalavritinos; **Olga**, friend of Helen Kerch; Mat. Jan and Fr. Mark Koczak's friend, **Metropolitan Isaiah** (Georgian Patriarchate); **Mary** Everhart, mother of Ted Koopersmith; Michael Lungociu's brother-in-law, **Douglas**, and a friend's mother, **Gitta** Finch; Marilyn Macht's friend, **Priscilla** Colby and Marilyn's cousins **Evelyn**, **Helen** and **Linda**. Anelia Rotunda's father, **Ivan**; Friend of Debbie Sieff, **Fr. Taras** Chubenko, of St. Demetrius Ukrainian Orthodox Cathedral in Carteret, NJ, who is recovering from esophageal surgery; Peter Sielinski's friends **Brenda & Jim** Hall, **Kelly**, **Samuel**, **Ron**, **Pat**, **Bailey**, **Jenn** and **Matt**; Sharon Sielinski's Mother, **Marjorie**, her niece **Taylor**, and her friend **Laura**, who was recently diagnosed with breast cancer; Olga & Slavina Skenderska's cousins, **Desi & Stanislav**, and friends **Catherine & Justin**; Ellen Thompson's daughter, **Sonya**; **Don Truitt's** parents; friends of St. Mark, **Tanya & James** Twyman; Friend of St. Mark **Linda** Weir; **Christen** and infant **Alexander**

**Deliver them from sickness and grievous pains. Raise them up that they may sing to Thee and praise Thee without ceasing, through the prayers of the Theotokos and all your Saints!**

**THANK YOU ST. MARK PARISHIONERS** Many thanks to the St. Mark community for the prayers, letters and cards of condolences to me and my family after the death of my sister Love Kuhl and sister-in-law Cecelia Zavatsky. It has been a very stressful time for us, but knowing that Love and Cecelia are no longer in pain has many rewards. We are grateful to God for His loving kindness and the strength he bestowed on us at this time. May their memory be eternal.

**NEW BABY!** Liam Jacob Church was born on Sunday, October 22nd, at 11:35 pm. Weighing in at 8lbs 12 oz and 21 inches long. Mom and baby are doing well. Please keep the Church family in your thoughts and prayers!

**2017 ANNUAL PARISH MEETING:** Will take place on Sunday, November 19th, following Liturgy. You may pick up a hard copy of the read-ahead materials outside of the sanctuary or you may access them via the St. Mark website. Please note that we do not post the financial report online.

**STEPPING STONES MEAL DELIVERY** Thank you to all who participated in the October's meal delivery. Everything looked amazing! November and December sign up sheets are available in the hallway outside of the parish hall!

**FOCA MEMBERSHIP DRIVE:** It's that time of year to join our fellowship at St. Mark. We need you to continue our good works. If you enjoyed Irish Night or the Chili Cook-Off, consider becoming a member of St. Mark FOCA and participate. Dues are: Adults 18+ \$40, College students regardless of age is \$10, and we will accept any High School Student who wishes to become a member of our Senior Chapter for only \$10. Make checks out to St. Mark FOCA and give them to George Freimann (Membership Chair) or Marcella Hydock (Chapter President)

**SHARE IN A MIRACLE:** On November 8th two Myrrh Streaming Icons of the Holy Theotokos will be together under one roof. St. George Orthodox Church of Taylor Pa is the home Parish of The Theotokos Kardiotissa. On that night, the Iveron Icon from Hawaii will be placed in the church for veneration alongside the Icon Kardiotissa. A rare and wonderful experience to behold.

**AN ORTHODOX VIEW OF ISLAM** will be presented by Fr. Thomas Soroka on Saturday, November 18th, from 12:00 pm—5:00 pm. Admission is \$10 and includes lunch. Sponsored by St. Mark FOCA. For more information please pick up a flier from the candle counter. To register RSVP to Marcella Hydock at [vze5847i@verizon.net](mailto:vze5847i@verizon.net)

**ANYONE WITH IDLE HANDS OUT THERE?** Need some busy work while watching Dancing with the Stars? The Church School has a beautiful felt board with Bible story figures that need to be cut out. So, if you would like to exercise your scissor skills, please see Mka. Sasha or Kelly Malkin Myers. Advent is a great time for a craft project.

**LIFE LINE SCREENING**, a leading provider of community-based preventive health screenings, is pleased to offer a preventive health event at St. Mark Orthodox Church on 11/9/2017. Five screenings will be offered that scan for potential health problems related to: blocked arteries which is a leading cause of stroke; abdominal aortic aneurysms which can lead to a ruptured aorta; hardening of the arteries in the legs which is a strong predictor of heart disease; atrial fibrillation or irregular heart beat which is closely tied to stroke risk; and a bone density screening, for men and women, used to assess the risk of osteoporosis. Register for a Wellness Package which includes 4 vascular tests and osteoporosis screening from \$149 (\$139 with our member discount). All five screenings take 60-90 minutes to complete. **There are three ways to register for this event and to receive a \$10 discount off any package priced above \$129, please call toll-free 1-888-653-6441 or visit: <http://lifelinescreening.com/communitycircle> or text the word circle to 797979**

**ST. MARK WOMEN'S BOOK CLUB:** If you enjoy a good read followed by a worthy discussion, please consider attending the St. Mark Woman's Book Club. We choose books well in advance and then meet on the last Sunday of every month to discuss the merits of our choices. November 26th—*Small Great Things* by Jodi Picoult; December 31st—a story from Chicken Soup for the Soul and a snack to share! <http://www.chickensoup.com>. Book suggestions are always welcome. See Mat. Sasha for more details.

## ***Happy Birthday To You!***

## ***May God Grant You Many Years!***

5 Jane (Ihnat) Cessna  
Mat. Ann Prentice

6 Emily Arnold  
Alexander Jankovic  
Susanna Needham

7 Catherine Dillon  
Dn. David Phelps  
Karen Phinney  
Patricia Rodak  
Brian Zabela

9 Zachary Firestone  
Christian Shimer

10 Sonya LeFors  
Alexander Safchuk

11 Andrea Phelps  
Mark Ticich

**OUTREACH:** Thanksgiving seems to come early this year, and our first holiday delivery will be on Friday the 17th of November so that folks can shop for their families the following week in time for the holiday. Yipes!!! Yes, that's just around the corner. Kind of like it crept up on us - like that never happens.

**Grocery Cards:**

So as busy as we are in approach to next week's Food Festival, there are those at Stepping Stones, Highland Elementary, Shady Grove Pregnancy Clinic and our own Pastor's Discretionary Fund we'll want to help with their holiday meals and gifts. Think of it this way: Our preoccupation with next week mirrors in some measure the preoccupation with the next meal many of these folks have, and looms equally as the holidays do for them as reminders of how much hard work it'll take to make it happen. Yes, and it will all be good, but there's a yawning spot in front of us all in this way. Please make the most of it and let it feed your desire to help others, too. We will begin collecting Grocery Cards this Sunday and continue through Christmas. Grocery cards (Giant preferred) in \$20, \$25 and up to \$50 amounts are preferred. Please attach the activation numbers provided on purchase to the back of the card with tape. Thank you!

**Angel Tree:**

The good news in this is that Highland Elementary Linkages for Learning folks have agreed to provide us with a list of kids and families for our Christmas Angel Tree on that same (11/17) day. This means we should be able to have our Angel Tree up and out for Sunday the 19th of November. This means that those of you inclined to convert Black Friday into a joyous occasion for giving to others in need will be able to do so - and leverage the discounts in your giving. In the meantime, if you have any questions please feel free to ask.

With love in Christ, Skip Mersereau.

**CHRISTMAS CARD: PARISH CHRISTMAS CARD** Believe it or not, it's that time to begin preparing for Christmas! Once again, we'll be sending out a Community Christmas card. If you would like your name included on the card, the cost will be \$15 per family name. Any profit will help defray the cost of flowers used to decorate the Church during feast days. If interested, please see Coy Williamson or Mka. Sasha Safchuk to make a donation. You can also send a check in, but please mark it for "Christmas Card" and let Mka. Sasha know how you want your name to appear at: asafchuk@hotmail.com. **The last day to donate and have your name included on the card is Sunday, November 12<sup>th</sup>.** Thanks!