

Saint Mark Orthodox Church

**Orthodox Church in America
Archdiocese of Washington**

7124 River Road
Bethesda, MD 20817
Church Office: 301-229-6300
www.stmarkoca.org

Rector

V. Rev. Gregory Safchuk
Office: 301-229-6300
Home: 301-320-0739
gsafchuk@hotmail.com
admin@stmarkoca.org

Parish Council President:

Wayne Tatusko
Home: 703-573-0585
wtatusko@tatuskolaw.com

JULY 14th, 2019

EPISTLE

Rom. 6:18 - 23
Heb. 13:7 - 16

GOSPEL

Matt. 8:5 - 13
John 17:1 - 13

Tone 3

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

4th SUNDAY AFTER PENTACOST. Commemoration of the Holy Fathers of the First Six Œcumenical Councils. Apostle Aquila of the Seventy (1st c.). Ven. Stephen, Abbot of Mákhrišche (Volgdá - 1406). Martyr Justus at Rome (1st c.). Ven. Ellius (Hellius), of Egypt (4th c.). Ven. Onesimus of Magnesia (4th c.). Repose of Ven. Nicodemus the Hagiorite (1809.)

Sunday	July	14	9:15a	Reading of the Third Hour
			9:30a	Divine Liturgy
			11:15a	Coffee Hour Fellowship
Tuesday	July	16	10:30a	Bl. Mka. Prayer Group - Akathist
Saturday	July	20	4:30p	Memorial Service for Cathy Tatusko
			5:00p	Private Confession
			5:30p	Great Vespers
			6:30p	FOCA Chapter Meeting
Sunday	July	21	9:15a	Reading of the Third Hour
			9:30a	Divine Liturgy
			11:15a	Coffee Hour Fellowship
Monday	July	22	11:00a	Vacation Church School
Tuesday	July	23	11:00a	Vacation Church School
Wednesday	July	24	11:00a	Vacation Church School
Thursday	July	25	11:00a	Vacation Church School
<i>Continued on the back cover.</i>				

Saturday	July	27	4:30p	Memorial Service for Bob Barber, Metro Krenitsky, Tim Masick, Michael Sekellick, and George Vance.
			5:00p	Private Confession
			5:30p	Great Vespers

The **Altar and Sanctuary** Candles are offered by **Drs. Mary & Anna Nemesh** in loving memory of parents **Charles & Annie Nemesh** and brother **Dr. Walter Nemesh**. May God Grant Them Many Years!

Coffee Hour Fellowship

Date	Hosts/Hostesses	Donuts/Bagels
July 14	Rose & Brian Zabela	Cacic
July 21	Kerch	Prentice

Choir Directors, Readers, Preparers, Greeters, & Altar Servers

Date	Director	Reader	Preparer	Greeter	Altar Servers
July 14	C. Berencz & J. Barber	P. Dean	V. Bumbak	N. Stanton	A. Ahmadi A. Datch C. Datch E. Pedersen
July 21	W. Tatusko	D. Rodak	V. Lutes	M. Hydock & C. Williamson	N. Pedersen J. Sedor M. Sedor

Classes

Bible Study

Saturday, July 20th

Following Vespers

TO OUR VISITORS WITH YOUNG CHILDREN: If you are seeking a quiet place to nurse or calm a rambunctious child, there are two rooms off of the main hallway on this floor to serve you. Our library is the second door on the left as well as our teen classroom, the last door on the left, at the end of the hallway. The library has rocking chairs, and both rooms offer comfortable couches and moderate privacy. Changing tables are located in the Ladies room on the upper level and in the Men's room on the lower level.

PRAYER REQUEST – O Christ, You alone are our Defender: Visit and help Thy servants who are in need of your help, protection and healing. Among them: Christina Berencz, Migs & Helen Damiani; Shirley & Paul Dean; Margaret Dove; Julia Flick; George Freimann; Marge German; Jurretta Heckscher; Cindy Helba; Patricia Ihnat; Alice Krenitsky; Catherine Mikuluk; David Rodak; Alexandra Sedor; Mka. Alexandra Safchuk; Peter Sielinski; Marsha Zellem.

Please pray for **Margaret**, Mary Carol Ashley's mother; Ellen Barber's friends **Bruce and Pamela**; The child **Penelope**; **Fr. Dennis Buck**; Christine Cacic's friend, **Carmen**; Barbara Freimann's niece **Samantha**. Marge German's grandson **Joshua** and friend **Louise**, who is recovering from triple by-pass surgery, and sister **Mary** Rodzon; Rob Hottle's mother **Ellen** Hottle, Rob Hottle's Mother; **Denise (Dionysia)**, Godsister of Christina Kalavritinos; Tammy Karas' mother **Carole** Roberts, and friend **Charlene**; **Olga**, friend of Helen Kerch; **Mary** Everhart, mother of Ted Koopersmith; Kim Lungociu's cousin **Doug**; Marilyn Macht's friend **Theodora** who was just diagnosed with lung cancer; cousins **Helen, Linda** and sister-in-law **Bonnie. Marina McKee. Bridget**, friend of Skip & Barbara Mersereau's. Anelia Rotunda's father, **Ivan**; Sharon Sielinski's friend **Valerie and her unborn child**, Mother-in-Law **Patricia**, and **Lucille. Fr. Basil Summer**. Don Truitt's parents; Friend of St. Mark **Linda Weir**; Paula Zabela's cousins, **Helen**, who has thyroid cancer, and **Janet**, who has kidney cancer.

Deliver them from sickness and grievous pains. Raise them up that they may sing to Thee and praise Thee without ceasing, through the prayers of the Theotokos and all your Saints!

LUNCH BUNCH: The Lunch Bunch will be going to Espositos Restaurant near Fairfax High School, in Virginia, on Monday July 13th at 12:00pm. (9917 Fairfax Blvd. Fairfax 22030) Please email wbmjmm78@gmail.com if you can come.

VACATION CHUCH SCHOOL is planned for the week of July 22nd - July 25th, Mon-Thurs, 11am - 2:00pm. This years theme is "Meet the North American Saints: Come on the Adventure!" If you are interested in signing up your kids, please let Mary Niemi know. Also, if you are interested in helping out, we could certainly use any extra help! Thank you!

VCS HELPERS: As stated above, VCS needs helpers! **For Teens**, these hours would qualify towards your community service or volunteer hours required for graduation.

FOCA: FOCA National Stock Awards tickets will be sold during a July and a August. 1st prize is \$300, 2nd and 3rd prizes are \$100. 4th thru 7th win \$50. Tickets are 6 for \$5.00 or \$1.00 each. Tickets will be drawn at the FOCA National Convention. See George Freimann today!

COFFEE HOUR: In the last several months we've lost several families off our coffee hour rotation. If you'd like to consider joining the list, summer is a perfect time to give it a try. Try it once this summer to see if it is a good fit for you and your family. We would love to have a few more people willing to help host coffee hour. Our aim is to keep our list large enough so that people only have to host 2x per year. Please see Debbi Dillon or Daniela Mihalov during coffee hour today. Or contact Debbi at [Debbi\(dot\)Dillon\(at\)gmail\(dot\)com](mailto:Debbi(dot)Dillon(at)gmail(dot)com)

UPCOMING MEMORIAL SERVICES: There will be a memorial service on Saturday, July 20th, at 4:30 pm for Cathy Tatusko. There will also be a memorial service on Saturday, July 27th, at 4:30 pm for Bob Barber, Metro Krenitsky, Tim Masick, Michael Sekellick, and George Vance.

EAGLE SCOUT PROJECT UPDATE: Luke had a successful first day with his Eagle project on July 6th. Eighteen others came and helped. All the work planned for that day was completed and done a little earlier than hoped! He is still accepting donations for purchasing plants or donations of plants. The second day of work was yesterday, Saturday, July 13th. Stay tuned for the update on the work completed. <https://www.signupgenius.com/go/20F0844AFA8238-plant>

Happy Birthday To You! May God Grant You Many Years!



14	Sara Wickard	20	Daniel Golembiewski
17	EJ Pedersen		Vicky Jacobsen
	Mat. Alexandra Safchuk		Mat. Kelly Oleynik
18	Aiden Moser		
	Charity Pearson		
19	Cynthia Helba		



SAVING LIVES ~ SUPPORTING FAMILIES. Want to help women walk through their decision making process about their pregnancy? Become a volunteer counselor at the Shady Grove Pregnancy Center. We will train you! Training consist of 5 classes and begins in early August. Specific dates and times to be determined. Call Kathleen Garcia, Executive Director, at 301-963-6223 for more information.

Since we understand Communion to mean that we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and recent confession may participate in Holy Communion. Following reception of Holy Communion, we should stay in the church until the conclusion of the Liturgy. Our fellowship begins after we venerate the Cross and receive the Blessed Bread (of which all may partake). If you have questions concerning the above, please feel free to speak with Fr. Gregory after Liturgy.

CHILDREN'S BOOKS Two baskets of children's books are now located in the vestibule, behind where the greeters stand and next to the stairway to the choir loft. Children should feel free to borrow the books and can return them to the baskets.

IT'S JUST BREAKFAST: A group of our St. Mark men meet for breakfast every 2nd and 4th Saturday of the month. Second Saturday: IHOP 9490 Blake Ln, Fairfax, VA 22031 at 8am. Fourth Saturday: IHOP 18147 Village Center Dr, Olney, MD 20832 at 8am. Questions? See David Jefferson. Thank you!

PRAYERS FOR FR. BASIL: Please continue to pray for Fr. Basil as he recovers from his procedure. He is at White Oaks Rehabilitation & Nursing Center 8565 Jericho Tpke. in Woodbury, NY. Please keep him in your prayers!

SELLING OUR PEWS As mentioned in the Semi Annual Parish meeting a month ago, we are renewing our Pew project. With that in mind, the Pew Committee and the Parish Council are looking for someone, or a couple someones, to take on the responsibility of selling our old pews. If you are interested in spearheading this effort, please see Wayne Tatusko or Karen Phinney.

ST. MARK WOMEN'S BOOK GROUP: The women's book club meets on the last Sunday of the month, following Liturgy, in the Library for discussion. Upcoming books: July 28th - *Leaving Time* by Jodi Picoult. August 25th - *Code Talker* by Chester Nez and Judith Schless Avila. September 29th - *Code Name: Lise* by Larry Loftis. Any questions, please see Joan Mitchum, Mka. Sasha or any of the participants.