

Saint Mark Orthodox Church

Orthodox Church in America Archdiocese of Washington 7124 River Road Bethesda, MD 20817 Church Office: 301-229-6300 www.stmarkoca.org	Rector V. Rev. Gregory Safchuk Office: 301-229-6300 Home: 301-320-0739 gsafchuk@hotmail.com admin@stmarkoca.org	Parish Council President: Wayne Tatusko Home: 703-573-0585 wtatusko@tatuskolaw.com
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AUGUST 4th, 2019

EPISTLE Rom. 15:1 – 7	GOSPEL Matt. 9:27 – 35	Tone 6
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DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

7th SUNDAY AFTER PENTACOST. Holy Seven Youths (“Seven Sleepers”) of Ephesus: Maximilian, Jamblicus, Martinian, John, Dionysius, Exacustodian (Constantine), and Antoninus (250). **Martyr Eudoxia of Persia (362 – 364).** **Martyr Eleutherius of Constantinople (4th c.).**

Sunday	Aug	4 th	9:15a	Reading of the Third Hour
			9:30a	Divine Liturgy
			11:15a	Coffee Hour Fellowship
Tuesday	Aug	6 th	10:00a	Divine Liturgy – Transfiguration – Blessing of Fruits & Vegetables
Saturday	Aug	10 th	4:30p	Memorial Service for Jennifer Malatesta
			5:00p	Private Confession
			5:30p	Great Vespers
Sunday	Aug	11 th	9:15a	Reading of the Third Hour
			9:30a	Divine Liturgy
			11:15a	Coffee Hour Fellowship
			11:30a	50 th Anniversary Committee Meeting
Thursday	Aug	15 th	10:00a	Divine Liturgy – Dormition – Blessing of Flowers
Saturday	Aug	17 th	5:00p	Private Confession
			5:30p	Great Vespers
			6:30p	FOCA Chapter Meeting
			6:30p	Bible Study

The **Altar and Sanctuary Candles** are donated by **Nancy Stanton** in honor of **Daniela Mihailov’s** birthday. May God Grant Her Many Years!

Coffee Hour Fellowship

Date	Hosts/Hostesses	Donuts/Bagels
Aug 4	Dormition	Potluck
Aug 11	Phinney	Balamaci
		Vance

Choir Directors, Readers, Preparers, Greeters, & Altar Servers

Date	Director	Reader	Preparer	Greeter	Altar Servers
Aug 5		J. Bilyeu			A. Ahmadi A. Datch C. Datch E. Pedersen N. Pedersen J. Sedor M. Sedor
Aug 11		M. Phinney			

Classes

Bible Study

Saturday, August 17th

Following Vespers

TO OUR VISITORS WITH YOUNG CHILDREN: If you are seeking a quiet place to nurse or calm a rambunctious child, there are two rooms off of the main hallway on this floor to serve you. Our library is the second door on the left as well as our teen classroom, the last door on the left, at the end of the hallway. The library has rocking chairs, and both rooms offer comfortable couches and moderate privacy. Changing tables are located in the Ladies room on the upper level and in the Men’s room on the lower level.

PRAYER REQUEST – O Christ, You alone are our Defender: Visit and help Thy servants who are in need of your help, protection and healing. Among them: Christina Berencz, Migs & Helen Damiani; Shirley & Paul Dean; Margaret Dove; Julia Flick; George Freimann; Marge German; Jurretta Heckscher; Cindy Helba; Patricia Ihnat; Alice Krenitsky; Catherine Mikuluk; David Rodak; Alexandra Sedor; Mka. Alexandra Safchuk; Peter Sielinski; Cliff Tarpy; Marsha Zellem.

Please pray for **Margaret**, Mary Carol Ashley's mother; Ellen Barber's friends **Bruce and Pamela**; The child **Penelope**; **Fr. Dennis Buck**; Christine Cacic's friend, **Carmen**; Barbara Freimann's niece **Samantha**. Marge German's grandson **Joshua** and friend **Louise**, who is recovering from triple by-pass surgery, and sister **Mary Rodzon**; **Denise (Dionysia)**, God-sister of Christina Kalavritinos; Tammy Karas' mother **Carole** Roberts, and friend **Charlene**; **Olga**, friend of Helen Kerch; **Mary** Everhart, mother of Ted Koopersmith; Kim Lungociu's cousin **Doug**; Marilyn Macht's friend **Theodora** who was just diagnosed with lung cancer; cousins **Helen, Linda** and sister-in-law **Bonnie. Marina McKee. Bridget**, friend of Skip & Barbara Mersereau's. Anelia Rotunda's father, **Ivan**; Sharon Sielinski's friend **Valerie and her unborn child**, Mother-in-Law **Patricia**, and **Lucille. Fr. Basil Summer**. Don Truitt's parents; Friend of St. Mark **Linda Weir**; Paula Zabela's cousins, **Helen**, who has thyroid cancer, and **Janet**, who has kidney cancer.

Deliver them from sickness and grievous pains. Raise them up that they may sing to Thee and praise Thee without ceasing, through the prayers of the Theotokos and all your Saints!

TRANSFIGURATION: Divine Liturgy for Transfiguration will take place on Tuesday, August 6th at 10:00 am. Immediately following Liturgy, we will bless fruit and vegetables.

DORMITION: Divine Liturgy for Dormition will take place on Thursday, August 15th at 10:00 am. Immediately following Liturgy, we will bless flowers.

FOUND: A fitness tracker was found last weekend. It has a dark blue band. Is it yours? See Sharon Sielinski Carter to claim.

UPDATE ON FR. BASIL has been discharged from the rehab facility and is receiving care at home. Continued prayers are greatly appreciated!

LUNCH BUNCH: Please join us for lunch at noon, August 12th, at Clyde's Tower Oaks Lodge, 2 Preserve Pkwy. in Rockville, MD. Everyone is welcome. It's a fun and relaxing get together. If you'd like to come, please email Darlene Marti at dmarti2002@aol.com.

NATIONALS FAITH DAY is on Saturday, September 28th at 4:05 pm and the game will be against the Cleveland Indians. It is pretty early to start talking about this, but The Nationals have some really exciting things planned for the game and after show. If you are interested in attending, or want to get a St. Mark group together, please let Sharon Carter know as soon as possible. There is some great seating available this year. For more information, see Sharon Carter.

SELLING OUR PEWS As mentioned in the Semi Annual Parish meeting a month ago, we are renewing our Pew project. With that in mind, the Pew Committee and the Parish Council are looking for someone, or a couple someones, to take on the responsibility of selling our old pews. If you are interested in spearheading this effort, please see Wayne Tatusko or Karen Phinney.

COFFEE HOUR: In the last several months we've lost several families off our coffee hour rotation. If you'd like to consider joining the list, summer is a perfect time to give it a try. Try it once this summer to see if it is a good fit for you and your family. We would love to have a few more people willing to help host coffee hour. Our aim is to keep our list large enough so that people only have to host 2x per year. Please see Debbi Dillon or Daniela Mihalov during coffee hour today. Or contact Debbi at Debbi(dot)Dillon(at)gmail(dot)com

Happy Birthday To You! May God Grant You Many Years!

1	Madeleine Gimbal Mark Phinney	4	Nicholas Fitzgerald Elena Henning	7	Robert Hottle Igor Nakshin
2	Evgeniya Aseev Justin Barber Fr. Timothy Perry	6	Martha Dellermann Constantine Ilario Cristina Lindsay	8 10	Philip William Masick Christine Bryan
3	Nicholas Rotunda Wyatt Zabela		Daniela Mihailov		

DRESS FOR SUCCESS: Since we did not have our Rummage Sale this year, many have requested that we hold a “Dress for Success” program at St. Mark to meet the great need for professional clothing in the DC area. The donated professional clothing will go to those in need of professional clothing for work and interviews.

“Dress for Success” Collection Guidelines.

A Wider Circle would like the following: (On hangers, if possible)

1. Only clean, professional clothing such as suits, dresses, skirts, blouses will be accepted. Clothing should be “Ready to Wear”, no repairs needed.
2. It would be ideal if the clothing has been cleaned and/or laundered before the donation.
3. No tank tops with logos will be accepted.
4. No shorts or athletic shoes should be donated.
5. Blazers, dressy sweaters, coordinated tops and skirts are good.
6. Professional shoes, in good condition will be accepted.
7. Men’s suits and shirts, (on hangers) will also be accepted.

A “Wider Circle” will pick up the the professional clothing on August 23rd, between 10:00 AM and Noon. We will set up a small classroom to accommodate the donations. You can start to bring the clothing in THIS weekend.

Any questions, call or email Marsha 301-881-3407

Since we understand Communion to mean that we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and recent confession may participate in Holy Communion. Following reception of Holy Communion, we should stay in the church until the conclusion of the Liturgy. Our fellowship begins after we venerate the Cross and receive the Blessed Bread (of which all may partake). If you have questions concerning the above, please feel free to speak with Fr. Gregory after Liturgy.

CHILDREN’S BOOKS Two baskets of children’s books are now located in the vestibule, behind where the greeters stand and next to the stairway to the choir loft. Children should feel free to borrow the books and can return them to the baskets.

IT’S JUST BREAKFAST: A group of our St. Mark men meet for breakfast every 2nd and 4th Saturday of the month. Second Saturday: IHOP 9490 Blake Ln, Fairfax, VA 22031 at 8am. Fourth Saturday: IHOP 18147 Village Center Dr, Olney, MD 20832 at 8am. Questions? See David Jefferson. Thank you!

ST. MARK WOMEN’S BOOK GROUP: The women’s book club meets on the last Sunday of the month, following Liturgy, in the Library for discussion. Upcoming books: August 25th - *Code Talker* by Chester Nez and Judith Schless Avila. September 29th - *Code Name: Lise* by Larry Loftis. Any questions, please see Joan Mitchum, Mka. Sasha or any of the participants.



SAVING LIVES ~ SUPPORTING FAMILIES. Want to help women walk through their decision making process about their pregnancy? Become a volunteer counselor at the Shady Grove Pregnancy Center. We will train you! Training consist of 5 classes and begins in early August. Specific dates and times to be determined. Call Kathleen Garcia, Executive Director, at 301-963-6223 for more information.

Happy August Birthdays!

May God Grant You Many Years!

1	Madeleine Gimbal	17	Michele Humphries
	Mark Phinney		John Ihnat
2	Evgeniya Aseev	18	Radu Victor Balan
	Justin Barber		Juliana Marie Rudin
	Fr. Timothy Perry	19	Nichole Hottle
3	Nicholas Rotunda		Katherine Karas
	Wyatt Zabela		Matthew Karas
4	Nicholas Fitzgerald		Neal Kumar
	Elena Henning	20	Vera Wynne Allen
6	Martha Dellermann		Marcella Hydock
	Constantine Ilario		Francisco LeFors
	Cristina Lindsay	21	Hannah Oleynik
	Daniela Mihailov	22	Job Henning
7	Robert Hottle		Andrea Burns
	Igor Nakshin		Kimberly Lungociu
8	Philip William Masik		Andrew Sekellick
10	Christine Bryan	23	JoAnna Balamaci
11	Kathy Petro		Mary Lulchuk
	Astrid Sheppard	24	George Freimann
12	Nicole Johnson		Matthew Jones
	Erik Pedersen	25	Fr. John Vitko
	Sharon Sielinski Carter		Aurora Thompson
13	Christina Nocera	26	Ann Bumbak
14	Andrea Ticich	27	Andrew Espejo
15	Vera Simonenko		Dorothy Guba
	Ada (Mary) Steinberg	28	Kimberly Ahmadi
16	Nick Ayers		Cathy Markovich
	Demetrios Datch		Kelly Ann Malkin
	Ekaterine Gureshidze	29	Martin Sieff
	Emili Malatesta		David Lungociu
	Samuel Oleynik	30	Michael Kissell
			Matthew Joseph Sedor

