

Saint Mark Orthodox Church

**Orthodox Church in America
Archdiocese of Washington**

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SEPTEMBER 1st, 2019

EPISTLE

1 Tim. 2:1 – 7
1 Cor. 9:2 – 12

GOSPEL

Luke 4:16 – 22
Matt. 18:23 – 35

Tone 2

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

11th SUNDAY AFTER PENTACOST. Church New Year (Indiction) **St. Simeon the Stylite (the Elder)** and his mother, Ven. Martha (ca. 428). Martyr Aithalas of Persia (380). Holy Forty Women Martyrs and Martyr Ammon the Deacon, their teacher, at Heraclea in Thrace (4th c.). Martyrs Callista and her brothers, Evodius and Hermogenes, at Nicomedia (309). Righteous Joshua the Son of Nun (16th c. B.C.). Synaxis of the Most Holy Theotokos in Miasenga Monastery (commemorating the finding of her Icon there in 864). The **“Chernigov-Gethesmane”** Icon of the Most Holy Theotokos (1869).

Sunday	Sept	1	9:15a	Reading of the Third Hour
			9:30a	Divine Liturgy
			11:15a	Coffee Hour Fellowship
			11:15a	Presentation by Dr. Jeffery & Caryn Macdonald
Tuesday	Sept	3	10:30a	Bl. Mka. Olga Prayer Group
Saturday	Sept	7	4:30p	Memorial Service for Robert Zabela
			5:00p	Private Confession
			5:30p	Great Vespers
Sunday	Sept	8	9:15a	Reading of the Third Hour
			9:30a	Divine Liturgy – Nativity of the Theotokos
			11:15a	Coffee Hour Fellowship
			11:30a	Church School Kick-Off

The **Altar and Sanctuary Candles** are offered by **Drs. Mary and Anna Nemesh** in loving memory of parents **Charles and Annie Nemesh** and brother **Dr. Walter Nemesh**. My Their Memory Be Eternal!

Coffee Hour Fellowship

Date	Hosts/Hostesses	Donuts/Bagels
Sept 1	Labor	Day
Sept 8	Lacko-Gleason	Datch
		Kumar

Choir Directors, Readers, Preparers, Greeters, & Altar Servers

Date	Director	Reader	Preparer	Greeter	Altar Servers
Sept 1	W. Tatusko	K. Lungociu			A. Ahmadi A. Datch C. Datch E. Pedersen N. Pedersen J. Sedor M. Sedor
Sept 8	C. Berencz J. Barber	Mka. A. Prentice			

Classes

Bible Study

TBD	TBD
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TO OUR VISITORS WITH YOUNG CHILDREN: If you are seeking a quiet place to nurse or calm a rambunctious child, there are two rooms off of the main hallway on this floor to serve you. Our library is the second door on the left as well as our teen classroom, the last door on the left, at the end of the hallway. The library has rocking chairs, and both rooms offer comfortable couches and moderate privacy. Changing tables are located in the Ladies room on the upper level and in the Men’s room on the lower level.

PRAYER REQUEST – O Christ, You alone are our Defender: Visit and help Thy servants who are in need of your help, protection and healing. Among them: Christina Berencz, Migs & Helen Damiani; Shirley & Paul Dean; Margaret Dove; Julia Flick; George Freimann; Marge German; Jurretta Heckscher; Cindy Helba; Patricia Ihnat; Alice Krenitsky; Catherine Mikuluk; David Rodak; Alexandra Sedor; Mka. Alexandra Safchuk; Peter Sielinski; Cliff Tarpy; Marsha Zellem.

Please pray for **Margaret**, Mary Carol Ashley's mother; Ellen Barber's friends **Bruce and Pamela**; The child **Penelope**; **Fr. Dennis Buck**; Christine Cacic's friend, **Carmen**; Barbara Freimann's niece **Samantha**. Marge German's grandson **Joshua** and friend **Louise**, who is recovering from triple by-pass surgery, and sister **Mary Rodzon**; **Denise (Dionysia)**, God-sister of Christina Kalavritinos; Tammy Karas' mother **Carole Roberts**, and friend **Charlene**; **Olga**, friend of Helen Kerch; **Mary Everhart**, mother of Ted Koopersmith; Sandra Little, Dawn Little's mother-in-law. Kim Lungociu's cousin **Doug**; Marilyn Macht's friend **Theodora** who was just diagnosed with lung cancer; cousins **Helen, Linda** and sister-in-law **Bonnie. Marina McKee. Stephen**, Susan Rodak's father. Anelia Rotunda's father, **Ivan**; Sharon Sielinski's friend **Valerie and her unborn child**, Mother-in-Law **Patricia**, and **Lucille. Fr. Basil Summer**. Don Truitt's parents; Friend of St. Mark **Linda Weir**; Paula Zabela's cousins, **Helen**, who has thyroid cancer, and **Janet**, who has kidney cancer.

Deliver them from sickness and grievous pains. Raise them up that they may sing to Thee and praise Thee without ceasing, through the prayers of the Theotokos and all your Saints!

Happy Church New Year!

MEMORY ETERNAL Migs Damiani fell asleep in the Lord in the early afternoon of Sunday, August 25th. Please remember him, Helen and the family in your prayers.

MEMORY ETERNAL Julia Flick's husband, Jim, fell asleep in the Lord on Sunday, August 18th. The family has arranged for a memorial service for him at St. John the Baptist Church in E. Conemaugh, PA on Saturday, September 7th. at 10:00 AM. All are welcome.

WEDDING ANNIVERSARIES! TODAY, at the end of the Divine Liturgy we will offer a short anniversary prayer for anyone celebrating a wedding anniversary during 2019. Fr. Gregory and I will celebrate our 40th wedding anniversary on September 2nd and we hope that other will join us in asking God's blessing on our marriages. We plan to wear our wedding crowns (because they still fit!) and hold candles and others are welcome to as well. After this short prayer please join us for cake and fruit and coffee hour in the parish hall.

PRESENTATION ON THEOLOGICAL EDUCATION AND MISSIONARY SERVICE IN ALBANIA. TODAY., Dr. Jeffrey and Caryn Macdonald will be with us here at St. Mark and give a brief presentation on their work at Resurrection of Christ Seminary at the St. Vlash Monastery near the city of Durres. The Macdonalds have been teaching there for approximately 6 years now under the auspices of OCMC, and are visiting the United States now to raise awareness and support for the continuation of this crucial work. Please plan to join me then in welcoming my former colleague from St. Herman's Seminary and his family!

STOCK AWARDS: FOCA members. Please return your Stock Award stubs to George Freimann ASAP. Thank you!

NATIONALS FAITH DAY is on Saturday, September 28th at 4:05 pm and the game will be against the Cleveland Indians. It is pretty early to start talking about this, but The Nationals have some really exciting things planned for the game and after show. If you are interested in attending, or want to get a St. Mark group together, please let Sharon Carter know as soon as possible. There is some great seating available this year. For more information, see Sharon Carter.

Happy Birthday To You! May God Grant You Many Years!

1	Maura Eileen Moser	7	Theodora Dean
2	Heathryn Berry		Janet Schuresko
	Madeleine Hardy		Stephen Sielinski
	Margie Johnson		Jan Truitt
	Michael Olynik		
4	Stephen Koopersmith		
6	Sara Rose LeFors		
	Luke Prentice		

FOCA NIGHT: Please join us for our “On Top of Spaghetti” dinner on Saturday, Sept. 21st, following Vespers. Menu includes spaghetti (gluten-free), meatballs, salad, garlic bread and desserts. Ticket sales begin today during coffee hour. Proceeds go to charities and scholarships.

ON TOP OF SPAGHETTI



Saturday Sept. 21

6:30 PM

Adults \$15

Kids 6-12 \$8

Under 5 eat FREE

This is a FOCA Fundraiser Dinner

Since we understand Communion to mean that we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and recent confession may participate in Holy Communion. Following reception of Holy Communion, we should stay in the church until the conclusion of the Liturgy. Our fellowship begins after we venerate the Cross and receive the Blessed Bread (of which all may partake). If you have questions concerning the above, please feel free to speak with Fr. Gregory after Liturgy.

CHILDREN’S BOOKS Two baskets of children’s books are now located in the vestibule, behind where the greeters stand and next to the stairway to the choir loft. Children should feel free to borrow the books and can return them to the baskets.

IT’S JUST BREAKFAST: A group of our St. Mark men meet for breakfast every 2nd and 4th Saturday of the month. Second Saturday: IHOP 9490 Blake Ln, Fairfax, VA 22031 at 8am. Fourth Saturday: IHOP 18147 Village Center Dr, Olney, MD 20832 at 8am. Questions? See David Jefferson. Thank you!

ST. MARK WOMEN’S BOOK GROUP: The women’s book club meets on the last Sunday of the month, following Liturgy, in the Library for discussion. Upcoming books: September 29th - *Code Name: Lise* by Larry Loftis. Any questions, please see Joan Mitchum, Mka. Sasha or any of the participants.



SAVING LIVES ~ SUPPORTING FAMILIES. Want to help women walk through their decision making process about their pregnancy? Become a volunteer counselor at the Shady Grove Pregnancy Center. We will train you! Training consist of 5 classes and begins in early August. Specific dates and times to be determined. Call Kathleen Garcia, Executive Director, at 301-963-6223 for more information.

FOOD PANTRY: Dear St. Mark friends, Once again our parish is going to help our friends at Highland Elementary School replenish their food pantry in time for the start of the new school year. They are so appreciative of our help. Healthy food is essential for good learning! Please bring whatever you can and we will facilitate delivery. They have provided a “wishlist” of needed items. Any questions? Just ask Joe or Alexandra Sedor

Suggested Non-Perishable Food Items for Highland Elementary Food Pantry

DRY GOODS:

- Noodles and Rice Mixes
- Coffee
- Tea
- Flour / MaSeCa (corn flour)
- Sugar
- Pancake Mix
- Cereal
- Crackers
- Mixed Nuts
- Dried Fruit
- Granola Bars
- Jell-O / Flan

CANNED OR JARRED ITEMS:

- Soups
- Tomato Sauces
- Pasta Sauces
- Spaghetti-O’s/Ravioli
- Vegetables
- Beans (dry is preferred)
- Fruits
- Cooking Oil
- Salad Dressings
- Peanut Butter
- Jelly
- Baby Food
- Pudding
- Fruit Juice
- Canned meats: Tuna, chicken, salmon, spam
- Shelf-stable Milk

TOILETRIES

- Shampoo and Conditioner
- Baby Wipes
- Toilet Tissue
- Disposable Razors
- Kleenex
- Feminine Hygiene products
- Bar Soap
- Toothpaste/Toothbrushes
- Deodorant
- Lotion
- Laundry Detergent

SPICES

- Garlic Powder
- Onion Powder
- Adobo
- Italian Seasoning
- Salt
- Pepper

CONDIMENTS:

- Ketchup
- Hot Sauce
- Mayonnaise
- Mustard
- Parmesan Cheese

LOST & FOUND: A fitness tracker was found a couple of weeks ago. It has a dark blue band. Is it yours? See Sharon Sielinski Carter to claim. Also, please look through the Lost & Found and retrieve any items that may be yours. The Lost & Found is located on the pew outside of the sanctuary, by the door to the courtyard.

UPDATE ON FR. BASIL has been discharged from the rehab facility and is receiving care at home. Continued prayers are greatly appreciated! If you would like to send a card or note, Fr. Basil’s address: 304 Center Island Road Oyster Bay, NY 11771

CHURCH SCHOOL INFO: I wanted to give you a summary of the upcoming church school/ youth group events, so that you can put them on your calendar. I will have a calendar with everything on it very soon, but wanted to give you a heads up on the start to the year.

**All youth group activities will be planned out for the year, so please mark your calendars!!

PLEASE SEE ME FOR REGISTRATION FORM. FILL OUT AND RETURN TO ME. (I will also have some hard copies at church for the next few Sundays.)

- **Sunday, September 8th**--Kick-off Sunday---Celebration Cake, kids and parents visit classrooms to take a peek at curriculum, rooms, talk to teachers.
- **Saturday, September 14th**--FIRST YOUTH GROUP ACTIVITY (7th-12th grade)--Ropes Course--details to come from Abby Dean
- **Sunday, September 15th**--Church School Classes begin!!

The Church School Elementary Lesson theme this year is Holy Cross’ Spiritual Life. The PreK-K is doing a different curriculum that should follow a similar path. HS are focusing on Offering in different aspects of our life. The MS curriculum is being developed off of a similar theme. The MS/HS will join together for one class per month to work on a special project for the St. Mark 50th Anniversary. This will also give them a chance to get to know some of the adults in the church.

Thank you for all of your support!
In Christ, Stacy Pedersen (Church School Coordinator)

OCA YOUTH AND YOUNG ADULT MINISTRY: The Orthodox Church in America wants to make a better youth program for everyone to come closer to Christ! But it needs your help, and it wants to hear your voice! There are two ways to do this:

1) Fill out this survey anytime this summer! It takes about 10-20 minutes, and it would be an ENORMOUS help!

<https://www.surveymonkey.com/r/OrthodoxYouthandYoungAdultSurvey>

2) Email the Youth Department with more general, long thoughts about youth ministry at youth@oca.org! They're going to read everything everyone sends them!

The OCA Youth, Young Adult, and Campus Ministry Department wants to include you with the planning and decision making of youth and young adult ministry in the Orthodox Church in America!"

SLAVIC AMERICAN FESTIVAL: Join the fun at the 48th Annual Slavic American Festival, sponsored by Epiphany of Our Lord Byzantine Catholic Church on Sunday, September 8, from 12:00 noon to 6:00 pm! Festival includes traditional Slavic foods, including Kolachi, Holupki, Potato Pancakes, Kolbasi, Haluski, and Pirohi...as well as Children's Events, a huge rummage sale, Silent Auction, Religious and Folk Art, Farm Market, Handmade Slavic Crafts, Polka Dance Lessons, Bake Sales, Free Child ID Cards from the Fairfax County Sheriff's Office, NFL Football on our TV screens and lots more! Special performance Sacred Slavic Music performed by the Epiphany Slava Men's Choir at 1:30 pm. Church Tours at 12:30, 2:30, 3:30 and 4:30 pm. Free shuttles all day from the parking lot located at 3301 Woodburn Road. For more information: www.slavicamericanfestival.com.

MIDDLE EASTERN FESTIVAL: Ss. Peter and Paul Antiochian Orthodox Church in Potomac, Maryland will hold their 36th annual Middle Eastern Festival. Featuring authentic middle eastern food, grilled lamb, kibbee, tabouleh, hummus, shawarma, falafel, home made middle eastern pastries and more! Friday, September 20th, Noon - 9:00 pm; Saturday, September 21st, 11:00 am - 10 pm; Sunday, September 22nd, Noon - 6:00 pm. For more information, see the flier in the parish hall.

Happy September Birthdays!

May God Grant You Many Years!

1	Maura Eileen Moser	15	Anna Hardy
2	Heathryn Berry		John Steger
	Madeleine Hardy	16	Adina Carstea
	Margie Johnson		Bryce Pierce
	Michael Olynik	19	Barbara Freimann
4	Stephen Koopersmith	20	Christina Kalavritinos
6	Sara Rose LeFors		Clint Purdue
	Luke Prentice	22	Max William Kumar
7	Theodora Dean	25	Ashley Hottle
	Janet Schuresko		Katie Sheppard
	Stephen Sielinski	26	John Michael Niemi
	Jan Truitt		Mary Niemi
8	Nika Nakshin	28	Kathy Rudin
9	Aiden Bryan	29	John Sokich
10	Dn. Mark Oleynik	30	Fr. Nicholas Dellermann
	Natalie Ticich		Peter O'Halloran
11	Mat. Katherine Vitko		Douglas Pierce
13	Dr. Gerald Marti		Martha Vance
14	Claire McHugh		

