

## *Saint Mark Orthodox Church*

<b>Orthodox Church in America Archdiocese of Washington</b> 7124 River Road Bethesda, MD 20817 Church Office: 301-229-6300 www.stmarkoca.org	<b>Rector</b> V. Rev. Gregory Safchuk Office: 301-229-6300 Home: 301-320-0739 gsafchuk@hotmail.com admin@stmarkoca.org	<b>Parish Council President:</b>  Wayne Tatusko Home: 703-573-0585 wtatusko@tatuskolaw.com
--	---	--

**JANUARY 12<sup>th</sup>, 2020**

<b>EPISTLE</b> Eph. 4:7 – 13	<b>GOSPEL</b> Matt. 4:12 – 17	<b>Tone 5</b>
---------------------------------	----------------------------------	---------------

### DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

**30th SUNDAY AFTER PENTACOST. Afterfeast of the Theophany. Sunday After the Theophany. Martyr Tatiana of Rome** and those who suffered with her (226 – 235). Martyr Mertius of Mauretania (284 – 305). Martyr Peter Apselemus of Palestine (309 – 310). Ven. Eupraxia of Tabenna, in Egypt (393). St. Sava I, first Archbishop of Serbia (1237). Ven. Martinian, Abbot of Belozersk (1483). The **“Akathist”** and **“Milkgiver”** Icons of the Most Holy Theotokos.

Sunday	Jan	12	9:15a	Reading of the Third Hour
			9:30a	Divine Liturgy
			11:15a	Coffee Hour Fellowship
			11:30a	Church School
Saturday	Jan	18	5:00p	Private Confession
			5:30p	Great Vespers
			6:30p	Bible Study
			6:30p	FOCA Chapter Meeting
Sunday	Jan	19	9:15a	Reading of the Third Hour
			9:30a	Divine Liturgy – Installation of Parish Council & FOCA Officers immediately following Liturgy
			11:15a	Coffee Hour Fellowship
			11:30a	Church School
Tuesday	Jan	21	10:30a	Bl. Mka. Olga Prayer Group – Akathist
			8:00p	Parish Council Meeting
Saturday	Jan	25	5:00p	Private Confession
			5:30p	Great Vespers
			6:30p	Bible Study

The **Sanctuary Candles** are offered by **Joan Mitchum** for **Stephanie King & Joan’s** birthday! May God Grant Them Many Years!

### Coffee Hour Fellowship

Date	Hosts/Hostesses	Donuts/Bagels
Jan 12	Renee Zabela	Brian & Rose Zabela Korokhov
Jan 19	<b>Bazaar</b>	<b>Fundraiser</b> Vance

### Choir Directors, Readers, Preparers, Greeters, & Altar Servers

Date	Director	Reader	Preparer	Greeter	Altar Servers
Jan 12	J. Barber	D. Dillon	Dn. D. Phelps	K. Phinney & G. Freimann	A. Ahmadi A. Datch C. Datch E. Pedersen
Jan 19	C. Berencz	M. Ahmadi	C. German	J. Mitchum & D. Jefferson	N. Pedersen J. Sedor M. Sedor

### Classes

#### Bible Study

Saturday, Jan. 18th

Following Vespers

**TO OUR VISITORS WITH YOUNG CHILDREN:** If you are seeking a quiet place to nurse or calm a rambunctious child, there are two rooms off of the main hallway on this floor to serve you. Our library is the second door on the left as well as our teen classroom, the last door on the left, at the end of the hallway. The library has rocking chairs, and both rooms offer comfortable couches and moderate privacy. Changing tables are located in the Ladies room on the upper level and in the Men’s room on the lower level.

**PRAYER REQUEST – O Christ, You alone are our Defender: Visit and help Thy servants who are in need of your help, protection and healing. Among them: Michael Ahmadi; Christina Berencz, Helen Damiani; Shirley & Paul Dean; Margaret Dove; Julia Flick; George Freimann; Marge German; Jurretta Heckscher; Cindy Helba; Patricia Ihnat; Alice Krenitsky; Catherine Mikuluk; Susie Needham; David Rodak; Alexandra Sedor; Mka. Alexandra Safchuk; Peter Sielinski; Cliff Tarpy.**

Please pray for the child **Penelope**; **Fr. Dennis Buck**; Christine Cacic's friend, **Carmen**; Barbara Freimann's niece **Samantha**; **Misha** Freimann, who is being treated for cancer. Marge German's grandson **Joshua** and friend **Louise**, who is recovering from triple bypass surgery, and sister **Mary** Rodzon; **Ken** Bernstein, husband of Jurretta Heckscher, who is recovering from a stroke. **Denise (Dionysia)**, Godsister of Christina Kalavritinos; Tammy Karas' mother **Carole** Roberts, and friend **Charlene**; **Olga**, friend of Helen Kerch; **Mary** Everhart, mother of Ted Koopersmith; Sandra Little, Dawn Little's mother-in-law. Marilyn Macht's friend **Theodora** who was just diagnosed with lung cancer; cousins **Helen, Linda** and sister-in-law **Bonnie**. **Marina** McKee; **Mka. Kelly** Oleynik; Anelia Rotunda's father, **Ivan**; Sharon Sielinski's Mother-in-Law **Patricia**, and **Lucille**. **Fr. Basil Summer**. Don Truitt's parents; Friend of St. Mark **Linda Weir**; Paula Zabela's cousins, **Helen**, who has thyroid cancer, and **Janet**, who has kidney cancer.

**Deliver them from sickness and grievous pains. Raise them up that they may sing to Thee and praise Thee without ceasing, through the prayers of the Theotokos and all your Saints!**

**MARCH FOR LIFE 2020** will take place Friday, January 24th, at The National Mall. See flier in the bulletin for day-of schedule and details!

**THANK YOU** To my loving St. Mark family, I extend a heartfelt thanks for all of the get-well wishes, cards, and continuing prayers for my recovery from surgery. Your kindness has carried me through this difficult time, and I thank God for each of you! From my grateful family and me, God bless you with peace and the best of everything in this new year and always!  
Love in Christ, David Rodak

**HOUSE BLESSINGS:** Fr. Gregory will be contacting parishioners to schedule house blessings, but if parishioners have a preference for a specific date and time, they may contact Fr. Gregory at any time. Thank you!

**EVANGELIZER CALENDAR REPRINT** There were a couple of omissions from the February calendar included in the latest edition of the Evangelizer. There are corrected copies located next to the Evangelizer in the basket outside of the Sanctuary. Please pick up a copy to replace the incorrect calendar!

**FOCA UPDATE** Saint Mark FOCA has forwarded funds collected from their charity events to: Gifts of Love and to the OCMC. The Gift of Love funds forwarded totaled \$800 and to the OCMC it totaled \$500.

**ST. MARK FOCA MEMBERSHIP REMINDER** It's time to renew your membership. Please make your check (\$40 per person) payable to St. Mark FOCA. You may mail your check to John Ihnat 6726 Rosewood St. Annandale VA 22003.

**CHICKEN KIEV LUNCHEON** Please join us for a free-will offering Chicken Kiev luncheon after liturgy on Sunday, January 19. The proceeds will be used as seed money for the 2020 food festival.

**FOR SALE (ALL ITEMS ARE FROZEN):** Cabbage Pirog (9" x 13" pan) \$15.00; Piroghi (St. Mark 1 dozen) \$5.00; Pumpys Pierogies (3 doz bag) \$8.00; Kielbasa (2 sticks, approx. 1 lb) \$5.00; Poppy Seed Roll \$10.00; Vatrushki (2 pack) \$3.00.

**EVELYN LELECK'S** new address is: 3701 International Drive #404 Silver Spring, MD 20906  
Phone: 301-598-3697

## Happy Birthday To You! May God Grant You Many Years!

12	Regina Kundell	16	Justin Ciubotaru
13	Elsbeth Berry Susan Orban	17	Hannah Perry Janice Victorov
14	Joan Mitchum	18	Katheryn Cannon
15	Nicholas Bilyeu Michael Bezuneh		John C. Petro

**NEW MINISTRY ANNOUNCEMENT:** St. Katherine Greek Orthodox Church hosts The Fellowship of St. Ephraim. A support group for those struggling with or affected by substance abuse. Developed by an additions specialist, led by Christ's inexhaustible love. Wednesdays at 7:00 pm launching on Jan. 15th, 2020. 3149 Glen Carlyn Road Falls Church, VA 22041. Inquiries: FrNikolas@schgocdc.org



Do you have a heart for women and babies? Do you have experience in fundraising and outreach? Would you like to use your talents to forward the pro-life mission? The Shady Grove Pregnancy Center is seeking a part-time Community Outreach Coordinator. This paid position will focus on developing and implementing the Center's overall fundraising and outreach to churches, organizations, foundations and other donors. Interested candidates, please send resume to [excdirector@pregnancy-options.org](mailto:excdirector@pregnancy-options.org)

*Since we understand Communion to mean that we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and recent confession may participate in Holy Communion. Following reception of Holy Communion, we should stay in the church until the conclusion of the Liturgy. Our fellowship begins after we venerate the Cross and receive the Blessed Bread (of which all may partake). If you have questions concerning the above, please feel free to speak with Fr. Gregory after Liturgy.*

**CHILDREN'S BOOKS** Two baskets of children's books are now located in the vestibule, behind where the greeters stand and next to the stairway to the choir loft. Children should feel free to borrow the books and can return them to the baskets.

**IT'S JUST BREAKFAST:** A group of our St. Mark men meet for breakfast every 2nd and 4th Saturday of the month. Second Saturday: IHOP 9490 Blake Ln, Fairfax, VA 22031 at 8am. Fourth Saturday: IHOP 18147 Village Center Dr, Olney, MD 20832 at 8am. Questions? See David Jefferson. Thank you!

**ST. MARK WOMEN'S BOOK GROUP:** The women's book club meets on the fourth Sunday of the month, following Liturgy, in the Library for discussion. Upcoming books: January 26th - The Long Flight Home by Alan Hlad; February 23rd - Pavilion of Women by Pearl S. Buck; March 22nd - Everyday Wonders by Michael J. Oleksa. Any questions, please see Joan Mitchum, Mka. Sasha or any of the participants.

**AKATHIST BOOK:** On the third Tuesday of each month the Matushka Olga prayer group prays an Akathist to address a special need. The collected Akathists are in black loose leaf notebooks in the library on the bottom shelf of the first bookcase on the left as you walk in. Please feel free to take a look at these Akathists and copy them for your personal use.

**ON COMMUNION:** The fasting rules concerning communion apply to those who are healthy enough to keep them. If for example, you require medication that cannot be taken on an empty stomach, please speak to me about the possible need to eat or drink something along with it in the morning prior to liturgy.

**ALL AMERICAN COUNCIL 2021:** Baltimore, MD, has been selected as the site for the 20th All American Council to take place July 23-30, 2021. Since the event is hosted in our own Archdiocese of Washington, D.C., we will be needing volunteers to help out with planning and execution of things leading up to the event. Please see the letter and list of needs on the bulletin board in the parish hall. If you are interested in participating, please see Fr. Gregory.



## Orthodox Christians Walking Together at The March for Life

Friday, January 24, 2020  
The National Mall, Washington, DC

Text **"MARCHFORLIFE"** to **(844) 334-5548**

*to opt-in to receive texts for day-of updates on our gathering schedule & location*

Our Facebook Event Page will be kept up to date  
[Facebook.com/events/432441117439851/](https://www.facebook.com/events/432441117439851/)

### Help IOCC Rebuild in TX & FL

Want to help your neighbors get back on their feet? In the wake of a disaster, families often need help rebuilding and repairing their homes. Volunteer for a week to help individuals and families move toward long-term recovery.

#### REQUIREMENTS & COST

- You don't need to be skilled – just energetic!
- You must be 18 years old or older, but 16- and 17-year-olds may volunteer if accompanied by a parent or guardian.
- Provide your own transportation to/from the Homebuild Team location.
- \$100 covers all your costs on the ground (room/board & local transportation)

#### DATES & LOCALES

- Daytona Beach, FL – January 6-11, 2020
- Key West, FL – March 9-14, 2020
- Key West, FL – March 16-21, 2020
- Houston, TX – June 15-20, 2020
- Houston, TX – June 22-27, 2020
- Houston, TX – August 15-20, 2020

Go to [iocc.org/homebuild](https://www.iocc.org/homebuild) for current build openings

For more information, contact Krista Hamann: 612-389-7278  
volunteercoordinator@iocc.org



INTERNATIONAL ORTHODOX CHRISTIAN CHARITIES

#### AGENDA - Friday, January 24

**8:30AM - 10/10:30AM Pre-March Divine Liturgy** at St. Nicholas Orthodox Cathedral  
*Located: 3500 Massachusetts Ave NW DC*

**11:30AM Meet at the National Mall** at the intersection of **12<sup>th</sup> St NW & Madison Dr NW**

- **EXACT detailed spot will be announced via text and Facebook**
- *May need to adjust to a nearby location (within 5 min walk) due to the nature of this event. Please opt-in for texting for real-time updates. You will also spot our signs there.*

**12PM - 1PM Pre-March Rally** His Grace Bishop Apostolos of Medeia will lead all in prayer on stage

**About 12:30/12:45** Orthodox faithful and hierarchs will gather for a brief prayer for the unborn

**1PM** March peacefully with hierarchs and clergy up Constitution Ave to US Supreme Court

**After March** Please join us for fellowship at St. Nicholas Orthodox Cathedral

**MESSAGE & FOLLOW US** [Facebook.com/OrthodoxMarchForLife/](https://www.facebook.com/OrthodoxMarchForLife/)

See official **March for Life website** for schedule, tips, and other info: [MarchForLife.org](https://www.MarchForLife.org)

Please support **ZOE for Life!** an Orthodox Christian Initiative ([ZoeForLife.org](https://www.ZoeForLife.org))  
*ZOE for Life!® affirms the value of all life by helping women in a confidential manner during and after crisis pregnancies*

For You created my inmost being; You knit me together in my mother's womb. **Psalm 139:13**