

Saint Mark Orthodox Church

**Orthodox Church in America
Archdiocese of Washington**
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Bethesda, MD 20817
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Rector
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MAY 31st, 2020

EPISTLE
Acts 20:16 – 18; 28 – 36

GOSPEL
John 17:1 – 13

Tone 6

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

7th SUNDAY OF PASCHA. Holy Fathers of the First Ecumenical Council. Afterfeast of the Ascension.
Apostle Hermes of the Seventy 1st c.). Martyr Hermias at Comana (2nd c.). Martyr Philosophus at Alexandria (3rd c.)

Saturday	May	30	5:30p	Vespers – YouTube Live Stream
Sunday	May	31	9:30a	Divine Liturgy – Holy Fathers – YouTube Live Stream
			10:30a	Virtual Coffee Hour immediately following via Zoom!
				<i>Closed until Further Notice. Please continue to monitor emails for announcements and updates!</i>
Tuesday	June	2	10:30a	Bl. Mka. Olga Prayer Group – Int. Prayer – via Zoom

The **Altar Candles** are offered by **Drs. Mary and Anna Nemesh** in loving memory of parents **Charles & Annie Nemesh** and brother **Dr. Walter Nemesh**. May their memory be eternal!

The **Sanctuary Candles** are offered by **Joan Mitchum** in memory of father **John Fritzky**. May his memory be eternal! And in celebration of **Greg & Danielle's** anniversary! May God grant them many years!

Coffee Hour Fellowship

Date	Hosts/Hostesses	Donuts/Bagels

Choir Directors, Readers, Preparers, Greeters, & Altar Servers

Date	Director	Reader	Preparer	Greeter	Altar Servers
May 31			D. Golembiewski		A. Ahmadi A. Datch C. Datch E. Pedersen N. Pedersen J. Sedor M. Sedor
June 7			N. Bilyeu		

Classes

Bible Study

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TO OUR VISITORS WITH YOUNG CHILDREN: If you are seeking a quiet place to nurse or calm a rambunctious child, there are two rooms off of the main hallway on this floor to serve you. Our library is the second door on the left as well as our teen classroom, the last door on the left, at the end of the hallway. The library has rocking chairs, and both rooms offer comfortable couches and moderate privacy. Changing tables are located in the Ladies room on the upper level and in the Men's room on the lower level.

PRAYER REQUEST – O Christ, You alone are our Defender: Visit and help Thy servants who are in need of your help, protection and healing. Among them: Michael Ahmadi; Christina Berencz, Tom Cipu; Helen Damiani; Shirley & Paul Dean; Margaret Dove; Julia Flick; George Freimann; Marge German; Jurretta Heckscher; Cindy Helba; Patricia Ihnat; Alice Krenitsky; Alex Landsburg; Mathew Lobas; Kara and Nicole Antonia Masick; Catherine Mikuluk; Susie Needham; David Rodak; Alexandra Sedor; Mka. Alexandra Safchuk; Peter Sielinski; Ann Marie Steger; Cliff Tarpy; Renee Zabela.

Please pray for the child **Penelope**; **Fr. Dennis Buck**; Christine Cacic's friend, **Carmen**; Marge German's grandson **Joshua** and friend **Louise**, who is recovering from triple by-pass surgery, and sister **Mary** Rodzon; **Denise (Dionysia)**, Godsister of Christina Kalavritinos; Tammy Karas' mother **Carole** Roberts, and friend **Charlene**; **Fr. Costas**, of St. Katherine (Falls Church;) **Olga**, friend of Helen Kerch; **Mary** Everhart, mother of Ted Koopersmith; Sandra Little, Dawn Little's mother-in-law. Marilyn Macht's friend **Theodora** who was diagnosed with lung cancer; cousins **Helen, Linda** and sister-in-law **Bonnie. Marina** McKee; **Mka. Kelly** Oleynik; Anelia Rotunda's father, **Ivan**; Sharon Sielinski's Mother-in-Law **Patricia**, and dear friend **David. Catherine** Steger Miller, Daughter of Ann Marie Steger. **Fr. Basil Summer**. Don Truitt's parents; Friend of St. Mark **Linda Weir**; Paula Zabela's Uncle **Nick**, cousins **Janet** and **Helen**, all battling cancer. Rose Zabela's brother, **Vincent** Dumm.

Deliver them from sickness and grievous pains. Raise them up that they may sing to Thee and praise Thee without ceasing, through the prayers of the Theotokos and all your Saints!

CLOSED All public services are suspended until further notice. Please stay tuned to email for announcements and updates!

CLEANING SUPPLIES if you are in need of cleaning supplies or paper goods and are having trouble finding some in the stores, please let us know. Pick up by appointment, please email or call Fr. Gregory.

GRADUATES Please let us know if you or someone you know is graduating this year! Though circumstances are certainly different this year, we would still like to honor our graduates as is our tradition! Please email Sharon Carter admin@stmarkoca.org with name, degree and institution. Thank you!

Happy Birthday To You! May God Grant You Many Years!

MAY

31 Michelle Bahumian
Hannah LeFors
Alexandra Sedor

JUNE

1 Alexandra Zabela
3 Christine Cacic
James J. Rosolanka
5 Michael Cacic
Rachael Datch
6 Robert Rudin

HOUSE BLESSINGS: On hold until further notice. Fr. Gregory will be contacting parishioners to schedule house blessings, but if parishioners have a preference for a specific date and time, they may contact Fr. Gregory at any time. Thank you!

FOR SALE (ALL ITEMS ARE FROZEN): Plumpy's Pierogies (3 doz bag) \$8.00;

ALL AMERICAN COUNCIL 2021: Baltimore, MD, has been selected as the site for the 20th All American Council to take place July 23-30, 2021. Since the event is hosted in our own Archdiocese of Washington, D.C., we will be needing volunteers to help out with planning and execution of things leading up to the event. Please see the letter and list of needs on the bulletin board in the parish hall. If you are interested in participating, please see Fr. Gregory.

SERVANT LEADERSHIP RETREAT will be held on June 27th at St. Nicholas Cathedral. This is sponsored by the Orthodox Clergy Leadership Initiative and is one of four regional conferences that they are conducting to bring the Church a practical, biblically based foundation, for clergy and laity alike, in providing servant leadership in the Church. It promises to be a powerful and very helpful retreat. Lay, as well as clergy participation, is greatly encouraged and welcome. So please share this information with your parishioners. You can find further information in the link below. If you have additional questions, you can contact Claire Nobles (sophia.nobles96@gmail.com) our local representative on the OCLI.

Since we understand Communion to mean that we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and recent confession may participate in Holy Communion. Following reception of Holy Communion, we should stay in the church until the conclusion of the Liturgy. Our fellowship begins after we venerate the Cross and receive the Blessed Bread (of which all may partake). If you have questions concerning the above, please feel free to speak with Fr. Gregory after Liturgy.

ON COMMUNION: The fasting rules concerning communion apply to those who are healthy enough to keep them. If for example, you require medication that cannot be taken on an empty stomach, please speak to me about the possible need to eat or drink something along with it in the morning prior to liturgy.

CHILDREN'S BOOKS Two baskets of children's books are now located in the vestibule, behind where the greeters stand and next to the stairway to the choir loft. Children should feel free to borrow the books and can return them to the baskets.

ST. MARK WOMEN'S BOOK GROUP: On hold until further notice. The women's book club meets on the fourth Sunday of the month, following Liturgy, in the Library for discussion. Upcoming books: May 31st - The Woman on the Orient Express by Lindsay Jayne Ashford; June 28th - I Live Again: A Memoir of Ileana, Princess of Romania and Archduchess of Austria by Ileana, Archduchess of Austria Any questions, please see Joan Mitchum, Mka. Sasha or any of the participants.

AKATHIST BOOK: On the third Tuesday of each month the Matushka Olga prayer group prays an Akathist to address a special need. The collected Akathists are in black loose leaf notebooks in the library on the bottom shelf of the first bookcase on the left as you walk in. Please feel free to take a look at these Akathists and copy them for your personal use.

IT'S JUST BREAKFAST: A group of our St. Mark men meet for breakfast every 2nd and 4th Saturday of the month. Second Saturday: IHOP 9490 Blake Ln, Fairfax, VA 22031 at 8am. Fourth Saturday: IHOP 18147 Village Center Dr, Olney, MD 20832 at 8am. Questions? See David Jefferson. Thank you!