Saint Mark Orthodox Church

Orthodox Church in America Archdiocese of Washington

7124 River Road Bethesda, MD 20817 Church Office: 301-229-6300 www.stmarkoca.org

Rector

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JULY 5th, 2020

EPISTLE	GOSPEL	
Rom. 6:18 – 23	Matt. 8:5 – 13	Tone 3
Gal. 5:22 – 6:2	Luke 6:17 – 23	

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

4th SUNDAY AFTER PENTECOST. Ven. Athanasius, Founder of the Great Lavra and Cœnobitic Monasticism on Mt. Athos, and his six disciples. (1000). **Uncovering of the Relics of Ven. Sergius of Radonezh.** (1422). Martyr Anna at Rome (304) and Martyr Cyrilla, of Cyrene in Libya, a widow (304). Ven. Lampadus of Hirenopolis (10th c.). Hieromartyr Cyprian of Mt. Athos (1679). The "**Economissa**" Icon of the Most Holy Theotokos (Mt. Athos – 10th c.).

Saturday	July	4	5:30p	Vespers – YouTube Live Stream	
			7:00p	Bible Study – Via Zoom	
Sunday	July	5	9:30a	Divine Liturgy – YouTube Live Stream	
			11:00a	Virtual Coffee Hour immediately following via Zoom!	
Tuesday	July	7	10:30a	Bl. Mka. Olga Prayer Group – Int. Prayer – via Zoom	

The **Altar Candles** are offered by **Tina & David Burpee** in celebration of mother **Margaret Hutchko's** 99th birthday. May God Grant Her Many Years!

The **Sanctuary Candles** are offered by **Joan Mitchum** in celebration of grandson **Andrew Mitchum's** and granddaughter **Madelyn McCunney's** birthdays! May God Grant Them Many Years!

	Coffee Hour Fellowship	
Date	Hosts/Hostesses	Donuts/Bagels

Choir Directors, Readers, Preparers, Greeters, & Altar Servers					
Date	Director	Reader	Preparer	Greeter	Altar Servers
July 5			V. Bumbak		A. Ahmadi A. Datch C. Datch E. Pedersen N. Pedersen J. Sedor M. Sedor
July 12			V. Lutes		

Classes					
Bible Study					
Saturday, July 4 th	7:00 PM via Zoom				

TO OUR VISITORS WITH YOUNG CHILDREN: If you are seeking a quiet place to nurse or calm a rambunctious child, there are two rooms off of the main hallway on this floor to serve you. Our library is the second door on the left as well as our teen classroom, the last door on the left, at the end of the hallway. The library has rocking chairs, and both rooms offer comfortable couches and moderate privacy. Changing tables are located in the Ladies room on the upper level and in the Men's room on the lower level.

PRAYER REQUEST – O Christ, You alone are our Defender: Visit and help Thy servants who are in need of your help, protection and healing. Among them: Michael Ahmadi; Christina Berencz, Tom Cipu; Helen Damiani; Shirley & Paul Dean; Margaret Dove; Julia Flick; George Freimann; Marge German; Jurretta Heckscher; Cindy Helba; Patricia Ihnat; Alice Krenitsky; Alex Landsburg; Kara and Nicole Antonia Masick; Catherine Mikuluk; Susie Needham; David Rodak; Alexandra Sedor; Mka. Alexandra Safchuk; Peter Sielinski; Ann Marie Steger; Cliff Tarpy; Renee Zabela.

Please pray for the child **Penelope**; **Fr. Dennis Buck**; Christine Cacic's friend, **Carmen**; Marge German's grandson **Joshua** and friend **Louise**, who is recovering from triple by-pass surgery, and sister **Mary** Rodzon; **Denise** (**Dionysia**), Godsister of Christina Kalavritinos; Tammy Karas' mother **Carole** Roberts, and friend **Charlene**; **Fr. Costas**, of St. Katherine (Falls Church;) **Olga**, friend of Helen Kerch; **Mary** Everhart, mother of Ted Koopersmith; Sandra Little, Dawn Little's mother-in-law. Marilyn Macht's friend **Theodora** who was diagnosed with lung cancer; cousins **Helen**, **Linda** and sister-in-law **Bonnie**. **Marina** McKee; **Mka. Kelly** Oleynik; Anelia Rotunda's father, **Ivan**; Sharon Sielinski's Mother-in-Law **Patricia**, and dear friend **David**. **Catherine** Steger Miller, Daughter of Ann Marie Steger. **Fr. Basil Summer**. Don Truitt's parents; Friend of St. Mark **Linda Weir**; Paula Zabela's Uncle **Nick**, cousins **Janet** and **Helen**, all battling cancer. Rose Zabela's brother, **Vincent** Dumm.

Deliver them from sickness and grievous pains. Raise them up that they may sing to Thee and praise Thee without ceasing, through the prayers of the Theotokos and all your Saints!

HAPPY 4TH OF JULY!



BIBLE STUDY Join us after Vespers at 7:00 pm Saturday night for our Zoom-meeting bible study! Zoom meeting information will be sent out on the email list!

FOCA will once again award scholarship funds to St.Mark students planning to pursue higher education. For applications please contact Paul Dean at: deanpy@msn.com

Happy July Birthdays! May God Grant You Many Years!

1	Jackson Tatusko	18	Aiden Moser
2	Gene Jacobsen		Charity Pearson
	Adrian Lindsay	19	Cynthia Helba
3	Andrew Datch * * >	20	Daniel Golembiewski
	Emma Datch *		Vicky Jacobsen
4	Patricia Antich		Mat. Kelly Oleynik
	Richard Reeves 💌 🗸 🗼	21	Laura Jefferson
6	Scott Borger	24	Douglas Fitzgerald
	Michael Chow		John M. Steger
	Erin Hottle	25	Elowen Sheppard
9	Larisa Looby		Virginia Albert
10	Spencer Salas	28	Benjamin Safchuk
	Joseph Sedor		Cliff Tarpy
11	Lucas Needham	30	Zhenya Bainbridge
12	Ann-Marie Lacko		Julia Flick
13	Michael Thompson	31	Drew Bumbak
14	Sara Wickard	00	David Holovac
17	EJ Pedersen		Millie Mytryshyn
	Mat. Alexandra Safchuk		
		-	(7)

Happy Birthday To You! May God Grant You Many Years!

1	Jackson Tatusko	6	Scott Borger
2	Gene Jacobsen		Michael Chow
	Adrian Lindsay		Erin Hottle
3	Andrew Datch	9	Larisa Looby
	Emma Datch	10	Spencer Salas
4	Patricia Antich		Joseph Sedor
	Richard Reeves	11	Lucas Needham

HOUSE BLESSINGS: On hold until further notice. Fr. Gregory will be contacting parishioners to schedule house blessings, but if parishioners have a preference for a specific date and time, they may contact Fr. Gregory at any time. Thank you!

FOR SALE (ALL ITEMS ARE FROZEN): Plumpy's Pierogies (3 doz bag) \$8.00;

ALL AMERICAN COUNCIL 2021: Baltimore,MD, has been selected as the site for the 20th All American Council to take place July 23-30, 2021. Since the event is hosted in our own Archdiocese of Washington, D.C., we will be needing volunteers to help out with planning and execution of things leading up to the event. Please see the letter and list of needs on the bulletin board in the parish hall. If you are interested in participating, please see Fr. Gregory.

Since we understand Communion to mean that we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and recent confession may participate in Holy Communion. Following reception of Holy Communion, we should stay in the church until the conclusion of the Liturgy. Our fellowship begins after we venerate the Cross and receive the Blessed Bread (of which all may partake). If you have questions concerning the above, please feel free to speak with Fr. Gregory after Liturgy.

ON COMMUNION: The fasting rules concerning communion apply to those who are healthy enough to keep them. If for example, you require medication that cannot be taken on an empty stomach, please speak to me about the possible need to eat or drink something along with it in the morning prior to liturgy.

CHILDREN'S BOOKS Two baskets of children's books are now located in the vestibule, behind where the greeters stand and next to the stairway to the choir loft. Children should feel free to borrow the books and can return them to the baskets.

ST. MARK WOMEN'S BOOK GROUP: On hold until further notice. The women's book club meets on the fourth Sunday of the month, following Liturgy, in the Library for discussion. Any questions, please see Joan Mitchum, Mka. Sasha or any of the participants.

AKATHIST BOOK: On the third Tuesday of each month the Matushka Olga prayer group prays an Akathist to address a special need. The collected Akathists are in black loose leaf notebooks in the library on the bottom shelf of the first bookcase on the left as you walk in. Please feel free to take a look at these Akathists and copy them for your personal use.

IT'S JUST BREAKFAST: A group of our St. Mark men meet for breakfast every 2nd and 4th Saturday of the month. Second Saturday: IHOP 9490 Blake Ln, Fairfax, VA 22031 at 8am. Fourth Saturday: IHOP 18147 Village Center Dr, Olney, MD 20832 at 8am. Questions? See David Jefferson. Thank you!