				admin@stmarkoca.org			
					JULY 12 th , 2020		
EPISTLE Rom. 10:1 – 10				GOSPEL Tone 4			
		DIVI		GY OF ST. JOHN CHRYS	OSTOM		
– 8 th c.). Saturday	July	11	9:30a 5:30p				
			7:00p	Bible Study – Via Zoom			
Sunday July		12	9:30a	Divine Liturgy – YouTube Live Stream			
			11:00a	Virtual Coffee Hour immediately following via Zoom!			
Tuesday	July	14	10:30a	Bl. Mka. Olga Prayer Gro	up – Int. Prayer – via Zoom		
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The **Sanctuary and Altar Candles** are offered by **Drs. Mary and Anna Nemesh** in loving memory of parents **Charles and Annie Nemesh** and brother **Dr. Walter Nemesh**. May Their Memory be Eternal!

Coffee Hour Fellowship

Date	Hosts/Ho	Hosts/Hostesses		

Choir Directors, Readers, Preparers, Greeters, & Altar Servers

Date	Director	Reader	Preparer	Greeter	Altar Servers
July 12			V. Lutes		A. Ahmadi A. Datch C. Datch E. Pedersen N. Pedersen J. Sedor M. Sedor
July 19			Mka. G. Phleps		

Classes

Bible Study

Saturday, July 11th

7:00 PM via Zoom

TO OUR VISITORS WITH YOUNG CHILDREN: If you are seeking a quiet place to nurse or calm a rambunctious child, there are two rooms off of the main hallway on this floor to serve you. Our library is the second door on the left as well as our teen classroom, the last door on the left, at the end of the hallway. The library has rocking chairs, and both rooms offer comfortable couches and moderate privacy. Changing tables are located in the Ladies room on the upper level and in the Men's room on the lower level.

PRAYER REQUEST – O Christ, You alone are our Defender: Visit and help Thy servants who are in need of your help, protection and healing. Among them: Michael Ahmadi; Christina Berencz, Tom Cipu; Helen Damiani; Shirley & Paul Dean; Margaret Dove; Julia Flick; George Freimann; Marge German; Jurretta Heckscher; Cindy Helba; Patricia Ihnat; Alice Krenitsky; Alex Landsburg; Kara and Nicole Antonia Masick; Catherine Mikuluk; Susie Needham; David Rodak; Alexandra Sedor; Mka. Alexandra Safchuk; Peter Sielinski; Ann Marie Steger; Cliff Tarpy.

Please pray for the child **Penelope**; **Fr. Dennis Buck**; Christine Cacic's friend, **Carmen**; Marge German's grandson **Joshua** and friend **Louise**, who is recovering from triple bypass surgery, and sister **Mary** Rodzon; **Denise (Dionysia)**, Godsister of Christina Kalavritinos; Tammy Karas' mother **Carole** Roberts, and friend **Charlene**, **Jean**, **Tyler**, **Shelley**, **Zachary; Fr. Costas**, of St. Katherine (Falls Church;) **Olga**, friend of Helen Kerch; **Mary** Everhart, mother of Ted Koopersmith; Sandra Little, Dawn Little's mother-in-law. Marilyn Macht's friend **Theodora** who was diagnosed with lung cancer; cousins **Helen**, **Linda** and sister-in-law **Bonnie**. **Marina** McKee; **Mka. Kelly** Oleynik; Anelia Rotunda's father, **Ivan**; Sharon Sielinski's Mother-in-Law **Patricia**, and dear friend **David**. **Catherine** Steger Miller, Daughter of Ann Marie Steger. **Fr. Basil Summer.** Don Truitt's parents; Friend of St. Mark **Linda Weir**; Paula Zabela's Uncle **Nick**, cousins **Janet** and **Helen**, all battling cancer. **Fr. Patrick** of St. Mary's in Pittsburg. Rose Zabela's brother, **Vincent** Dumm.

Deliver them from sickness and grievous pains. Raise them up that they may sing to Thee and praise Thee without ceasing, through the prayers of the Theotokos and all your Saints! **BIBLE STUDY** Join us after Vespers at 7:00 pm Saturday night for our Zoom-meeting bible study! Zoom meeting information will be sent out on the email list!

FOCA will once again award scholarship funds to St.Mark students planning to pursue higher education. For applications please contact Paul Dean at: deanpv@msn.com

NO LITURGY There will not be Divine Liturgy on Saturday, July 18th or Saturday, July 25th.

UPDATE If you have updated status and information on those you've asked us to include on our prayer lists, please share it with us so the lists are current and accurate. Thank you!

Happy Birthday To You! May God Grant You Many Years!

- 12 Ann-Marie Lacko
- 13 Michael Thompson
- 14 Sara Wickard
- 17 EJ Pedersen Mat. Alexandra Safchuk
- 18 Aiden Moser Charity Pearson

FOR SALE (ALL ITEMS ARE FROZEN): Plumpy's Pierogies (3 doz bag) \$8.00;

ALL AMERICAN COUNCIL 2021: Baltimore,MD, has been selected as the site for the 20th All American Council to take place July 23-30, 2021. Since the event is hosted in our own Archdiocese of Washington, D.C., we will be needing volunteers to help out with planning and execution of things leading up to the event. Please see the letter and list of needs on the bulletin board in the parish hall. If you are interested in participating, please see Fr. Gregory.

Since we understand Communion to mean that we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and recent confession may participate in Holy Communion. Following reception of Holy Communion, we should stay in the church until the conclusion of the Liturgy. Our fellowship begins after we venerate the Cross and receive the Blessed Bread (of which all may partake). If you have questions concerning the above, please feel free to speak with Fr. Gregory after Liturgy.

ON COMMUNION: The fasting rules concerning communion apply to those who are healthy enough to keep them. If for example, you require medication that cannot be taken on an empty stomach, please speak to me about the possible need to eat or drink something along with it in the morning prior to liturgy.

CHILDREN'S BOOKS Two baskets of children's books are now located in the vestibule, behind where the greeters stand and next to the stairway to the choir loft. Children should feel free to borrow the books and can return them to the baskets.

ST. MARK WOMEN'S BOOK GROUP: On hold until further notice. The women's book club meets on the fourth Sunday of the month, following Liturgy, in the Library for discussion. Any questions, please see Joan Mitchum, Mka. Sasha or any of the participants.

AKATHIST BOOK: On the third Tuesday of each month the Matushka Olga prayer group prays an Akathist to address a special need. The collected Akathists are in black loose leaf notebooks in the library on the bottom shelf of the first bookcase on the left as you walk in. Please feel free to take a look at these Akathists and copy them for your personal use.

IT'S JUST BREAKFAST: A group of our St. Mark men meet for breakfast every 2nd and 4th Saturday of the month. Second Saturday: IHOP 9490 Blake Ln, Fairfax, VA 22031 at 8am. Fourth Saturday: IHOP 18147 Village Center Dr, Olney, MD 20832 at 8am. Questions? See David Jefferson. Thank you!