

<b>Saint Mark Orthodox Church</b>				
<b>Orthodox Church in America Archdiocese of Washington</b> 7124 River Road Bethesda, MD 20817 Church Office: 301-229-6300 www.stmarkoca.org		<b>Rector</b> V. Rev. Gregory Safchuk Office: 301-229-6300 Home: 301-320-0739 gsafchuk@hotmail.com admin@stmarkoca.org		<b>Parish Council President:</b>  Tom Jenkins Home: 410-643-9249 taj@toucan411.com
<b>SEPTEMBER 24<sup>th</sup>, 2023</b>				
<b>EPISTLE</b> 2 Cor. 6:1 – 10 Rom. 8:28 – 39		<b>GOSPEL</b> Luke 5:1 – 11 Luke 21:12 – 19		<b>Tone 7</b>
<b>DIVINE LITURGY OF ST. JOHN CHRYSOSTOM</b>				
<b>16<sup>th</sup> SUNDAY AFTER PENTECOST – Holy Protomartyr and Equal-to-the-Apostles Thecla</b> (1 <sup>st</sup> c.). Ven. Coprius of Palestine (530). Ven. Abrámii, Abbot of Mirozh (Pskov – 1158). St. Vladislav of Serbia (1230 – 39). Ven. Nikander, Hermit, of Pskov (1581). Monk-Martyr Galacteon of Vologdá (1612) Ven. Dorothy of Kashin (1629). <b>Holy New Martyrs of Alaska, Hieromonk Juvenaly</b> (ca. 1796) and <b>Peter the Aleut</b> (1815). Ven. Silouan of Mt. Athos (1938). The <b>“Mirozh”</b> (1198) and the <b>“Myrtle Tree”</b> Icons of the Most Holy Theotokos.				
Saturday	Sept	23	9:00a	Assembling Piroshki #1
			4:30p	Memorial Service for Vassil Georgiev
			5:30p	Vespers – YouTube Live Stream
			6:30p	Bible Study
Sunday	Sept	24	9:15a	Reading of the Third Hour – YouTube Live Stream
			9:30a	Divine Liturgy – YouTube Live Stream
			11:30a	Church School
			11:30a	Coffee Hour Fellowship & Piroghi Pinching!
Thursday	Sept	28		Piroghi Prep #2
Friday	Sept	29	9:30a	Slavic Torte Workshop
Saturday	Sept	30	2:30p	Blini Workshop
			5:30p	Vespers – YouTube Live Stream
			6:30p	Bible Study
				<i>Schedule continues on back page.</i>

Sunday	Oct	1	9:15a	Reading of the Third Hour – YouTube Live Stream
			9:30a	Divine Liturgy – YouTube Live Stream
Sunday	Oct	1	11:30a	Church School
			11:30a	Coffee Hour Fellowship & Piroghi Pinching!
Tuesday	Oct	3	10:30a	Bl. Mka. Olga Prayer Group – Intercessory Prayer
Friday	Oct	6	9:30a	Walnut Roll Workshop

**PRAYER REQUEST** - O Christ, You alone are our Defender: Visit and help Thy servants who are in need of your help, protection and healing. Among them: Vera Bum-bak; Helen Damiani; Shirley & Paul Dean; Margaret Dove; Julia Flick; George Freimann; Marge German; Jurretta Heckscher; John & Patricia Ihnat; Linda Jackson; Cindy & David Jefferson; Katherine Johnson; Cristin and John Michael Kumar; Alex Landsburg; Marilyn Macht; Joan Mitchum; John Michael Mikuluk; Mary Mytryshyn; Millie Mytryshyn; Drs. Mary and Anna Nemesh; Matthew Nimmer; David Rodak; Alexandra Sedor; Mka. Alexandra Safchuk; Peter Sielinski; Ann Steger; Cliff Tarpy; Gregory Yakubik.

Please pray for the child **Penelope**; Christine Cacic’s friend, **Carmen**; Sharon Carter’s mother **Marjorie**, brother **Stephen**, step-son **Nicholas** and sister-in-law **Anita**. **Hannah**, friend of Theodora Dean. Marge German’s grandson **Joshua**; friend **Louise**, who is recovering from triple by-pass surgery, and sister **Mary** Rodzon, neice **Debbie** Kuhl. **Denise** (Dionysia), Godsister of Christina Kalavritinos, and also family friends **Constantine** and **Thomas**; Tammy Karas’ mother **Carole** Roberts. **Olga**, friend of Helen Kerch; **Mary** Everhart, mother of Ted Koopersmith; **Sandra** Little, Dawn Little’s mother-in-law. Kim Lungociu’s cousin **Doug**. Marilyn Macht’s friend **Carmen**; friend **Ken** Reichard; cousins **Helen** and **Linda**. **Marina** McKee; **Katherine** Nyce, friend of Mary Mytryshyn. **Mka. Kelly** Oleynik; **Amanda** St.Cyr, sister-in-law of Susan Rodak; Anelia Rotunda’s father, **Ivan**. Don Truitt’s mother, **Janet**; Paula Zabela’s cousin **Helen**. **Fr. Patrick** of St. Mary’s in Pittsburgh.

**Deliver them from sickness and grievous pains. Raise them up that they may sing to Thee and praise Thee without ceasing, through the prayers of the Theotokos and all your Saints!**

**WELCOME VISITORS!** We invite you downstairs following Liturgy for coffee and light refreshments in the parish hall.

**CHURCH SCHOOL TEACHERS AND STUDENTS** will dismiss immediately at the conclusion of Liturgy, before the announcements.

**EVANGELIZER** The next edition of the Evangelizer is coming up! Please submit articles, recipes, photos, etc. to Sharon Carter (sscarter2018@gmail.com) no later than Wednesday, September 27th. Thank you!

**PIEROGI WORKSHOPS** The bazaar is quickly approaching and it’s time to make the pierogi!! We will be having two Pierogi Workshops TODAY September 24th and October 1st after liturgy.

We need many hands to help us from start to finish including set up, the boilers, the oilers and baggers, the icers, dough kneaders, the circle makers, runners to bring trays of circles and pinched pierogi’s back and forth to kitchen, the dishwashers, and of course the pinchers! (I’m sure I left some tasks out). Most of all we need a group of people to help clean up afterward.

There will be a sign-up sheet on the bulletin board after liturgy today.

Every year we notice fewer people stepping up to help. If this continues we will have to consider buying the pierogi as this effort requires everyone at St. Mark to pitch in. We have many repeat customers who attend our bazaar because we make our own pierogi-so please consider giving of your time and energy to continue this St Mark tradition.

Thank you, Helen and Daniela

## Happy Birthday To You! May God Grant You Many Years!

25	Ashley Hottle	30	Fr. Nicholas Dellermann
26	John Michael Niemi		Peter O'Halloran
	Mary Niemi		Douglas Pierce
28	Kathy Rudin		Martha Vance
29	John Sokich		

**ST. MATTHEW MULTI-CULTURAL FESTIVAL** The Orthodox Church of St. Matthew is hosting their annual Multi-Cultural Festival on Friday, October 6 through Sunday, October 8, 2023. Festivities will begin on Friday evening with Oktoberfest, featuring German music and food. On Saturday and Sunday, join us for the Multi-Cultural Festival with delicious ethnic food from around the world, a wine and beer garden, entertainment featuring the music and dancers of many countries, church tours, unique vendors, beautiful themed basket raffles and a kid's area. Fliers for additional details about the festival and also for the icon raffle are available on the candle counter. More information is available through the website, <https://www.stmatthewoca.org/festival>

**SS. PETER AND PAUL MEDITERRANEAN FESTIVAL** will take place September 22nd - 24th featuring authentic middle eastern food, vendor booths, fun for kids, Arabic music and raffle prizes! Free parking and admission. For more information: <https://www.peterpaulpoto-mac.org/festival.html>

*Since we understand Communion to mean that we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and recent confession may participate in Holy Communion. Following reception of Holy Communion, we should stay in the church until the conclusion of the Liturgy. Our fellowship begins after we venerate the Cross and receive the Blessed Bread (of which all may partake). If you have questions concerning the above, please feel free to speak with Fr. Gregory after Liturgy.*

**ON COMMUNION:** The fasting rules concerning communion apply to those who are healthy enough to keep them. If for example, you require medication that cannot be taken on an empty stomach, please speak to me about the possible need to eat or drink something along with it in the morning prior to liturgy. Thanks! Fr. Gregory

**CHILDREN'S BOOKS** Two baskets of children's books are now located in the vestibule, behind where the greeters stand and next to the stairway to the choir loft. Children should feel free to borrow the books and can return them to the baskets.

**IT'S JUST BREAKFAST:** A group of our St. Mark men meet for breakfast every 2nd and 4th Saturday of the month. Questions? See Mark Phinney. Thank you!

**AKATHIST BOOK:** On the third Tuesday of each month the Matushka Olga prayer group prays an Akathist to address a special need. The collected Akathists are in black loose leaf notebooks in the library on the bottom shelf of the first bookcase on the left as you walk in. Please feel free to take a look at these Akathists and copy them for your personal use.

**ST. MARK WOMEN'S BOOK GROUP** will meet October 5th (Thursday) 7:15pm on Zoom - *The Woman with the Cure* by Lynn Cullen. November 2nd (Thursday) 7:15pm on Zoom - *The Lost Girls of Paris* by Pam Jenoff. December 6th (Wednesday) In person following Liturgy for St. Nicholas Day. We'll meet in the library so you may bring your snack, coffee, or tea. The book/stories information will be forthcoming. We meet virtually at 7:15 p.m. on Zoom. The link is sent usually the day before. Please join us if you are able to.

**FLOORS** The linoleum floors through out the church have been recently stripped, waxed and polished. To keep them looking their best, please take care to not drag tables and chairs across the floors. Please pick them up to move them. Your cooperation and help to keep our church looking it's best is greatly appreciated!



## 2023 Youth Activities

### Fall Colors Hike



Let us know if your teen is planning on coming to either or both.  
Contact Stacy Pedersen: [pedersenclan4@gmail.com](mailto:pedersenclan4@gmail.com), 614-506-0801

**SAVE THE DATE!!** The 2023 St Mark Orthodox Church Ethnic Food Festival will be held on Saturday, November 4th from 11am-8pm and Sunday, November 5th from 12pm-4pm. We need help during the festival, but also with the food workshops that begin in September. As you can see below, there is a lot of work that goes into making the food for our festival. You don't have to have any experience but you are guaranteed to have a lot of FUN and FELLOWSHIP!!! Please consider serving St Mark's with this annual event. If you have any questions, please contact Regina Kundell at 410-430-3713 or email [rlkundell@gmail.com](mailto:rlkundell@gmail.com)

September 2023	October 2023	November 2023
<del>Sept 21: Piroghi Prep #1</del>	Oct 1: Piroghi pinching (after Liturgy)	Nov 4: Food Festival 11 am – 8 pm
<del>Sept 23: Assembling Piroshki – 9am</del>	Oct 6: Walnut Roll – 9:30 am	Nov 5: Food Festival 12 pm – 8 pm
Sept 24: Piroghi pinching (after Liturgy)	Oct 7: Chicken Kiev – 8:30 am	
Sept 28: Piroghi Prep #2	Oct 11: Poppy Seed Roll – 9:30 am	
Sept 29: Slavic torte - 9:30 am	Oct 12: Halupki - 9:30 am	
Sept 30: Blini - 2:30 pm	Oct 13: Spanakopita prep – 9:30 am	
	Oct 14: Spanakopita assembly – 9:30 am	
	Oct 18: Apricot Roll – 9:30 am	
	Oct 25: Slavic Black Bread – 9:30 am	
	Oct 29: Food Festival set-up after coffee hr	

**CHICKEN KIEV WORKSHOP** Saturday morning, Oct 7th, is the Chicken Kiev workshop. Like the past 2 years, we will have 140 pounds of chicken breasts to clean, pound, season, wrap, dip, and bag. With 25 people, and the pounding starting by 9am, we should be done about noon. The Chicken Kievs are always a favorite and we expect to make 420-440 again this year. Even if you can come help only for an hour or so it is appreciated. Never done it before? Don't worry we'll show you how. If you have a flat-sided meat tenderizer mallet, please bring it. Start time: 9am Saturday, Oct 7th.

Thank you, Dn Matthew & Mka Ann Prentice, Jane & Wayne Cessna, John & Pat Ihnat