

Saint Mark Orthodox Church

Orthodox Church in America Archdiocese of Washington 7124 River Road Bethesda, MD 20817 Church Office: 301-229-6300 www.stmarkoca.org	Rector V. Rev. Gregory Safchuk Office: 301-229-6300 Home: 301-320-0739 gsafchuk@hotmail.com admin@stmarkoca.org	Parish Council President: Tom Jenkins Home: 410-643-9249 taj@toucan411.com
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OCTOBER 29th, 2023

EPISTLE Gal. 2:16 – 20	GOSPEL Luke 8:26 – 39	Tone 4
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DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

21st SUNDAY AFTER PENTECOST (6th of Luke) – Martyr Anastasia the Roman (3rd c). Ven. Abramius the Recluse, and his niece, Bl. Mary, of Mesopotamia (ca. 360). Martyrs Claudius, Asterius, Neon, and Theonilla, of Ægæ in Cilicia (285). Righteous Anna of Constantinople (826). Ven. Avramii (Abramius), Archimandrite of Rostov (1073 – 77) Monk-Martyr Timothy of Esphigmenou (Mt. Athos -1820).

Saturday	Oct	28	5:30p	Vespers – YouTube Live Stream
			6:30p	Bible Study
Sunday	Oct	29	9:15a	Reading of the Third Hour – YouTube Live Stream
			9:30a	Divine Liturgy – YouTube Live Stream
			11:30a	Church School
			11:30a	Coffee Hour Fellowship
			12:00p	Bazaar Set Up
Saturday	Nov	4	11:00a	Food Festival & Bazaar
			8:00p	Vespers – YouTube Live Stream
Sunday	Nov	5	9:15a	Reading of the Third Hour – YouTube Live Stream
			9:30a	Divine Liturgy – YouTube Live Stream
			11:30a	Food Festival & Bazaar
Tuesday	Nov	7	10:30a	Bl. Mka. Olga Prayer Group – Intercessory Prayer
Saturday	Nov	11	5:30p	Vespers – YouTube Live Stream
				<i>Schedule continues on back page</i>

Saturday	Nov	11	6:30p	Bible Study
Sunday	Nov	12	9:15a	Reading of the Third Hour – YouTube Live Stream
			9:30a	Divine Liturgy – YouTube Live Stream
			11:30a	Church School
			11:30a	Coffee Hour Fellowship

Coffee Hour Fellowship

Date	Hosts/Hostesses	Donuts/Bagels
Oct 28	Riscuta	
Nov 5	Bazaar	

Choir Directors, Readers, Preparers, Greeters, & Altar Servers

Date	Director	Reader	Preparer	Greeter	Altar Servers
Oct 29	S. Carter	N. Fitzgerald	Dn. D. Phelps	M. Hydock	H. Meyers E.J. Pedersen M. Sedor
Nov 5	W. Tatusko	T. Jenkins		N. Stanton	

TO OUR VISITORS WITH YOUNG CHILDREN: If you are seeking a quiet place to nurse or calm a rambunctious child, there are two rooms off of the main hallway on this floor to serve you. Our library is the second door on the left as well as our teen classroom, the last door on the left, at the end of the hallway. The library has rocking chairs, and both rooms offer comfortable couches and moderate privacy. Changing tables are located in the Ladies room on the upper level and in the Men’s room on the lower level.

PRAYER REQUEST - O Christ, You alone are our Defender: Visit and help Thy servants who are in need of your help, protection and healing. Among them: Vera Bum-bak; Helen Damiani; Shirley & Paul Dean; Margaret Dove; Julia Flick; George Freimann; Marge German; Jurettta Heckscher; John & Patricia Ihnat; Linda Jackson; Cindy & David Jefferson; Katherine Johnson; Cristin and John Michael Kumar; Alex Landsburg; Marilyn Macht; Joan Mitchum; John Michael Mikuluk; Mary Mytryshyn; Millie Mytryshyn; Drs. Mary and Anna Nemesh; Matthew Nimmer; David Rodak; Alexandra Sedor; Mka. Alexandra Safchuk; Peter Sielinski; Ann Steger; Cliff Tarpy; Gregory Yakubik.

Please pray for the child **Penelope**; Christine Cacic's friend, **Carmen**; Sharon Carter's mother **Marjorie**, brother **Stephen**, step-son **Nicholas** and sister-in-law **Anita. Hannah**, friend of Theodora Dean. Marge German's grandson **Joshua**; friend **Louise**, who is recovering from triple by-pass surgery, and sister **Mary** Rodzon, neice **Debbie** Kuhl. **Denise** (Dionysia), Godsisister of Christina Kalavritinos, and also family friends **Constantine** and **Thomas**; Tammy Karas' mother **Carole** Roberts. **Olga**, friend of Helen Kerch; **Mary** Everhart, mother of Ted Koopersmith; **Sandra** Little, Dawn Little's mother-in-law. Marilyn Macht's friend **Carmen**; friend **Ken** Reichard; cousins **Helen** and **Linda. Marina** McKee; **Katherine** Nyce, friend of Mary Mytryshyn. **Mka. Kelly** Oleynik; **Amanda** St.Cyr, sister-in-law of Susan Rodak; Anelia Rotunda's father, **Ivan**. Don Truitt's mother, **Janet**; Paula Zabela's cousin **Helen. Fr. Patrick** of St. Mary's in Pittsburgh.

Deliver them from sickness and grievous pains. Raise them up that they may sing to Thee and praise Thee without ceasing, through the prayers of the Theotokos and all your Saints!

WELCOME VISITORS! We invite you downstairs following Liturgy for coffee and light refreshments in the parish hall.

CHURCH SCHOOL TEACHERS AND STUDENTS will dismiss immediately at the conclusion of Liturgy, before the announcements. Any children between the ages of 4-18 who are visiting St. Mark today are welcome to join the children for Church School!

BAZAAR SET UP will take place TODAY following coffee hour. Please stay and help set up!

OCF COLLEGE CONFERENCE – “Walk in the Light”

When: December 27 - 30, 2023

Where: East at Antiochian Village in Bolivar, Pennsylvania, and Midwest at St. Iakovos Retreat Center in Kansasville, Wisconsin.

Registration: Registration is \$385 per student for students registering by October 31, 2023. The price will increase to \$400 for any students registering between November 1-December 1, 2023. There are scholarships available!

For Event details and more information visit: <https://www.ocf.net/cc23/>

DESSERT TABLE INFORMATION Parishioners are asked to donate as many dessert items as possible for the Food Festival. If you are making something from scratch Montgomery County requires each baked good to have a label listing the ingredients and initials of the baker. Desserts should be able to be cut into serving-size pieces. If you cannot bake please bring a cake or pie from a bakery. Please bring your dessert to church as early as you can. The Festival opens at 11 a.m. on November 4th. Thank you from Marcella and Dica.

FOOD FESTIVAL BAKERY if you're planning to bake for the food festival bakery, please pick up a copy of the packaging guidelines on the candle counter. We have many outstanding bakers in this parish so let's get baking! Please contact Martha Baxtresser with any questions.

Happy Birthday To You! May God Grant You Many Years!

October

29 Nina Bilyeu
31 Wayne Tatusko

November

1 Diana Haverlack
2 Christina Sokich
3 Jessica Beddow

SAVE THE DATE!! The 2023 St Mark Orthodox Church Ethnic Food Festival will be held on Saturday, November 4th from 11am-8pm and Sunday, November 5th from 12pm-4pm. We need help during the festival, but also with the food workshops that begin in September. As you can see below, there is a lot of work that goes into making the food for our festival. You don't have to have any experience but you are guaranteed to have a lot of FUN and FELLOWSHIP!!! Please consider serving St Mark's with this annual event. If you have any questions, please contact Regina Kundell at 410-430-3713 or email rlkundell@gmail.com

BAZAAR WORKSHOPS SCHEDULE

October 2023	November 2023
Oct 1: Piroghi pinching (after Liturgy)	Nov 4: Food Festival 11 am – 8 pm
Oct 6: Walnut Roll – 9:30 am	Nov 5: Food Festival 12 pm – 8 pm
Oct 7: Chicken Kiev – 8:30 am	
Oct 11: Poppy Seed Roll – 9:30 am	
Oct 12: Halupki - 9:30 am	
Oct 13: Spanakopita prep – 9:30 am	
Oct 14: Spanakopita assembly – 9:30 am	
Oct 18: Apricot Roll – 9:30 am	
Oct 25: Slavic Black Bread – 9:30 am	
Oct 29: Food Festival set-up after coffee hr	

Since we understand Communion to mean that we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and recent confession may participate in Holy Communion. Following reception of Holy Communion, we should stay in the church until the conclusion of the Liturgy. Our fellowship begins after we venerate the Cross and receive the Blessed Bread (of which all may partake). If you have questions concerning the above, please feel free to speak with Fr. Gregory after Liturgy.

ON COMMUNION: The fasting rules concerning communion apply to those who are healthy enough to keep them. If for example, you require medication that cannot be taken on an empty stomach, please speak to me about the possible need to eat or drink something along with it in the morning prior to liturgy. Thanks! Fr. Gregory

CHILDREN'S BOOKS Two baskets of children's books are now located in the vestibule, behind where the greeters stand and next to the stairway to the choir loft. Children should feel free to borrow the books and can return them to the baskets.

IT'S JUST BREAKFAST: A group of our St. Mark men meet for breakfast every 2nd and 4th Saturday of the month. Questions? See Mark Phinney. Thank you!

AKATHIST BOOK: On the third Tuesday of each month the Matushka Olga prayer group prays an Akathist to address a special need. The collected Akathists are in black loose leaf notebooks in the library on the bottom shelf of the first bookcase on the left as you walk in. Please feel free to take a look at these Akathists and copy them for your personal use.

ST. MARK WOMEN'S BOOK GROUP will meet November 2nd (Thursday) 7:15pm on Zoom - *The Lost Girls of Paris* by Pam Jenoff. December 6th (Wednesday) In person following Liturgy for St. Nicholas Day. We'll meet in the library so you may bring your snack, coffee, or tea. The book/stories information will be forthcoming. We meet virtually at 7:15 p.m. on Zoom (except in Dec.) The link is sent usually the day before. Please join us if you are able to.

FLOORS The linoleum floors through out the church have been recently stripped, waxed and polished. To keep them looking their best, please take care to not drag tables and chairs across the floors. Please pick them up to move them. Your cooperation and help to keep our church looking it's best is greatly appreciated!