Saint Mark Orthodox Church

Orthodox Church in America
Archdiocese of Washington

7124 River Road Bethesda, MD 20817 Church Office: 301-229-6300 www.stmarkoca.org

Rector

V. Rev. Gregory Safchuk Office: 301-229-6300 Home: 301-320-0739 gsafchuk@hotmail.com admin@stmarkoca.org

Parish Council President:

Tom Jenkins Home: 410-643-9249 taj@toucan411.com

JANUARY 14th, 2024

EI	PISTL	.E
Eph.	6:10	– 17

GOSPEL Luke 18:35 – 43

Tone 7

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

32nd **SUNDAY AFTER PENTECOST – Leavetaking of the Theophany.** The Holy Fathers slain at Sinai and Raithu: Isaiah, Sabbas, Moses, and his disciple Moses, Jeremiah, Paul, Adam, Sergius, Domnus, Proclus, Hypatius, Isaac, Macarius, Mark, Benjamin, Eusebius, Elias, and others ($4^{th} - 5^{th}$ c.). St. Nina (Nino), Equal-to-the-Apostles and Enlightener of the Georgians (355). St. Joseph Analytinus of Raithu (4^{th} c.). Ven. Theodulus, son of Ven. Nilus of Sinai (5^{th} c.). Ven. Stephen, Abbot of Chenolaklos Monastery near Chalcedon (8^{th} c.).

Saturday	Jan	13	1:00p	Memorial Service for Thomas Vreszh	
			5:30p	Vespers – YouTube Live Stream	
Sunday	Jan	14	9:15a	Reading of the Third Hour – YouTube Live Stream	
			9:30a	Divine Liturgy – YouTube Live Stream	
			11:30a	Coffee Hour Fellowship	
			11:30a	Church School	
Tuesday	Jan	16	10:30a	Bl. Mka. Olga Prayer Group – Akathist	
			7:00p	Parish Council Meeting	
Saturday	Jan	20	4:30p	Memorial Service for Olga Lobas, John Petro, Cynthia Kopcha, Fr. Michael Oleksa and Mka. Olga of Alaska	
			5:30p	Vespers – YouTube Live Stream	
Sunday	Jan	21	9:15a	Reading of the Third Hour – YouTube Live Stream	
			9:30a	Divine Liturgy – YouTube Live Stream	
			11:30a	Coffee Hour Fellowship	
				Schedule continues on back page.	

		11:30a	Church School	
Jan	25	10:00a	Divine Liturgy – St. Gregory the Theologian – YouTube Live Stream	
Jan	27	5:30p	Vespers – YouTube Live Stream	
Jan	28	9:15a	Reading of the Third Hour – YouTube Live Stream	
		9:30a	Divine Liturgy – YouTube Live Stream	
		11:30a	Coffee Hour Fellowship	
		11:30a	Church School	
	Jan	Jan 27	Jan 25 10:00a Jan 27 5:30p Jan 28 9:15a 9:30a 11:30a	

The Altar Candles are offered by **Joan Mitchum** in honor of **Stephanie and Joan's** birthday! May God grant them many years!

Coffee Hour Fellowship					
Date	Hosts/Ho	Donuts/Bagels			
Jan 14	McDonald/Tsuchida				
Jan 21	Victorov				

Choir Directors, Readers, Preparers, Greeters, & Altar Servers						
Date	Director	Reader	Preparer	Greeter	Altar Servers	
Jan 14	W. Tatusko S. Hardy	A. Boyd	D. Dillon	N. Stanton	H. Meyers E.J. Pedersen M. Sedor	
Jan 21	J. Sokich	M. Baxtresser	Mka. G. Phelps	M. Kopcha		

TO OUR VISITORS WITH YOUNG CHILDREN: If you are seeking a quiet place to nurse or calm a rambunctious child, there are two rooms off of the main hallway on this floor to serve you. Our library is the second door on the left as well as our teen classroom, the last door on the left, at the end of the hallway. The library has rocking chairs, and both rooms offer comfortable couches and moderate privacy. Changing tables are located in the Ladies room on the upper level and in the Men's room on the lower level.

PRAYER REQUEST - O Christ, You alone are our Defender: Visit and help Thy servants who are in need of your help, protection and healing. Among them: Vera Bumbak; Helen Damiani; Shirley & Paul Dean; Margaret Dove; Julia Flick; George Freimann; Marge German; Jurretta Heckscher; Philip Hydock; John & Patricia Ihnat; Linda Jackson; Cindy & David Jefferson; Katherine Johnson; Steve and Barbara Kreta; Cristin and John Michael Kumar; Alex Landsburg; Marilyn Macht; Joan Mitchum; John Michael Mikuluk; Mary Mytryshyn; Millie Mytryshyn; Drs. Mary and Anna Nemesh; Matthew Nimmer; David Rodak; Alexandra Sedor; Mka. Alexandra Safchuk; Peter Sielinski; Ann Steger; Cliff Tarpy; Gregory Yakubik.

Please pray for the child **Penelope; Michael** Ouellette, brother-in-law of Ginny Albert. Christine Cacic's friend, **Carmen**; Sharon Carter's mother-in-law, **Mary Frances. Hannah**, friend of Theodora Dean. Marge German's grandson **Joshua**; friend **Louise**, who is recovering from triple by-pass surgery, and sister **Mary** Rodzon, neice **Debbie** Kuhl. **Heng-Jin** Park, friend of David Hardy. **Carmine** Carocella, friend of Pat Ihnat. **Denise** (Dionysia), Godsister of Christina Kalavritinos, and also family friends **Constantine** and **Thomas**; **Olga**, friend of Helen Kerch; **Mary** Everhart, mother of Ted Koopersmith; **Sandra** Little, Dawn Little's mother-in-law. Marilyn Macht's friend **Carmen**; friend **Ken** Reichard; cousins **Helen** and **Linda**. **Marina** McKee; **Katherine** Nyce, friend of Mary Mytrytshyn. **Mka. Kelly** Oleynik; **Amanda** St.Cyr, sister-in-law of Susan Rodak; Don Truitt's mother, **Janet**; Paula Zabela's cousin **Helen**. **Fr. Patrick** of St. Mary's in Pittsburgh.

Deliver them from sickness and grievous pains. Raise them up that they may sing to Thee and praise Thee without ceasing, through the prayers of the Theotokos and all your Saints!

WELCOME VISITORS! We invite you downstairs following Liturgy for coffee and light refreshments in the parish hall.

CHURCH SCHOOL TEACHERS AND STUDENTS will dismiss immediately at the conclusion of Liturgy, before the announcements. Any children between the ages of 4-18 who are visiting St. Mark today are welcome to join the children for Church School!

ARCHDIOCESAN CHOIR CONCERT Behold How Good - A Concert of Psalmody - January 19th, 2024 at 7:30 pm. Ss. Peter and Paul Orthodox Church. 10620 River Road, Potomac, MD. Reception to follow.

For more information and to purchase tickets, visit: https://www.archdiocesanchoir.org/

PLEDGE CARDS FOR 2024 Pledge cards for 2024 are now available on the table in the hall, outside of the nave.

2024 WALL CALENDARS The 2024 wall calendars are now available on the table in the hall, outside of the nave.

BIBLE STUDY will resume Saturday, January 20th, 2024.

CHILI COOK OFF In case you haven't noticed the fridge has lost its chill. What can you do to help? Mark your calendars to be at church Sunday February 25th after liturgy for an afternoon of friendly competition, chili, bingo and more. Looking to finally be recognized for your award-winning chili? Have superior bingo calling skills? Dessert more your style? We accept all help no experience required. Proceeds from the free will offering will be put towards the no longer-chili fridge. For our regulars you heard right it's no longer at night. For those who have never been able to attend let's put that to an end! Please see any Jacobsen or Prose for more information or to volunteer your assistance.

ROMANIA PILGRIMAGE MAY 15th - 29th 2024 hosted by Holy Archangels Orthodox Church and led by Fr. Robert Miclean. Deadline for registration is February 15th, and spaces are limited. For more information or to register visit: https://www.orthodoxannapolis.org/romania-pilgrimage-2024/

Fliers available on candle counter!

Happy Birthday To You! May God Grant You Many Years!

Joan Mitchum
 Michael Beddow
 Michael Bezuneh
 Nicholas Bilyeu
 Justin Ciubotaru
 Hannah Perry
 Janice Victorov
 Katheryn Cannon
 Tom Cipu

OYM 3ETREAT 3ETreat is a Pan-Orthodox retreat designed to engage adults, young adults, church leaders, parents, and youth (grades 6-12). The event will take place on Saturday and Sunday, February 10th - 11th, 2024. Hosted by Sts. Constantine and Helen of DC (Potomac, MD,) this is a free, Pan-Orthodox event with sessions for both adults and youth. The focus of the retreat is on Encountering Christ and the Household of God. For more information go to OYM's website: https://www.theoym.org/washingtondc

SINGLES RETREAT The Ancient Faith Singles Retreat 30+ is a gathering of Orthodox Christians who are at least 30 years of age, unmarried (single, divorced, widowed), and living in the world. The weekend will include daily matins and vespers, and Sunday Divine Liturgy. The group will participate in interactive, leader-led discussion sessions, opportunities for community service, games, and social activities, and free time for relaxation and fellowship. When: Thursday, February 29, 2024 - Sunday, March 3, 2024 Where: Antiochian Village Conference Center. For more information, please visit: https://store.ancientfaith.com/singles/

2023 BAZAAR FOOD FOR SALE (ALL FROZEN) - Chicken Kiev (8/bag) \$40; Halupki (8/bag) \$40; Pierogi (1 doz.) \$5; Piroshki (1 doz.) \$20; Kielbasa (1 lb.) \$6.50; Nut Roll \$10. Please see Regina Kundell or Tina Burpee if you are interested.

Since we understand Communion to mean that we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and recent confession may participate in Holy Communion. Following reception of Holy Communion, we should stay in the church until the conclusion of the Liturgy. Our fellowship begins after we venerate the Cross and receive the Blessed Bread (of which all may partake). If you have questions concerning the above, please feel free to speak with Fr. Gregory after Liturgy.

ON COMMUNION: The fasting rules concerning communion apply to those who are healthy enough to keep them. If for example, you require medication that cannot be taken on an empty stomach, please speak to me about the possible need to eat or drink something along with it in the morning prior to liturgy. Thanks! Fr. Gregory

CHILDREN'S BOOKS Two baskets of children's books are now located in the vestibule, behind where the greeters stand and next to the stairway to the choir loft. Children should feel free to borrow the books and can return them to the baskets.

IT'S JUST BREAKFAST: A group of our St. Mark men meet for breakfast every 2nd and 4th Saturday of the month. Questions? See Mark Phinney. Thank you!

AKATHIST BOOK: On the third Tuesday of each month the Matushka Olga prayer group prays an Akathist to address a special need. The collected Akathists are in black loose leaf notebooks in the library on the bottom shelf of the first bookcase on the left as you walk in. Please feel free to take a look at these Akathists and copy them for your personal use.

ST. MARK WOMEN'S BOOK GROUP On February 1st, we will discuss *The Lost Summer of Louisa May Alcott* by Kelly O'Connor McNees. On March 7th we will discuss *The Sisters of Summit Avenue* by Lynn Cullen. The Zoom link will be sent the day before each discussion. We begin at 7:15 p.m.

FLOORS The linoleum floors through out the church have been recently stripped, waxed and polished. To keep them looking their best, please take care to not drag tables and chairs across the floors. Please pick them up to move them. Your cooperation and help to keep our church looking it's best is greatly appreciated!



OVC SUNDAY - JANUARY 28



For more info email OVC staff Michael Sider-Rose and Kyra Limberakis at:

info@orthodoxvolunteercorps.org



www.orthodoxvolunteercorps.org

LIVE YOUR FAITH. SERVE FOR A YEAR.

Orthodox Volunteer Corps (OVC) is a yearlong domestic service program for Orthodox young adults and an official Agency of the Assembly of Bishops. We offer young adults from across the country an immersive year of service in Pittsburgh and Boston, working at homeless shelters, after-school programs, free medical clinics, and more. In addition, Corps Members receive weekly formation & training in Orthodoxy and community-based leadership development, live in community with other Orthodox young adults, and engage local parishes. Housing, transportation, and food are 100% covered.

OVC began in Pittsburgh in 2022 and is expanding to Boston this fall. To learn more, scan the QR code. Application deadline for Fall 2024 is February 22. Applicants must be 21-29 years old.

Nominate a young adult or apply yourself today!



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in fo@orthodox volunteer corps. org



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