

# Saint Mark Orthodox Church

**Orthodox Church in America  
Archdiocese of Washington**

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Bethesda, MD 20817  
Church Office: 301-229-6300  
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**Rector**

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**APRIL 21<sup>st</sup>, 2024**

**EPISTLE**

Heb. 9:11 – 14  
Gal. 3:23 – 29

**GOSPEL**

Mark 10:32 – 45  
Luke 7:36 – 50

**Tone 5**

**DIVINE LITURGY OF ST. BASIL THE GREAT**

**FIFTH SUNDAY OF GREAT LENT. St. Mary of Egypt.** Hieromartyr Januarius, Bishop of Benevento, and his companions: Festus, Proculus, and Sosius – Deacons, Desiderius – Reader, and Eutychius and Acutius – laymen, at Pozzuoli (ca. 305). Hieromartyr Theodore of Perge in Pamphylia, his mother, Philippa, and Martyrs Dioscorus, Socrates, and Dionysius (2<sup>nd</sup> c.). Martyrs Isaac, Apollos, and Quadratus, of Nicomedia (303). St. Maximian, Patriarch of Constantinople (434). Ven. Theodore of Sanaksáry (1791).

Saturday	Apr	20	8:30a	Parish Clean Up Day
			9:30a	Prospora Workshop
			4:30p	Memorial Service for Natalie Leon, Sonia Saunders, Carol Staffaro
			5:30p	Vespers – YouTube Live Stream
			6:30p	Bible Study
Sunday	Apr	21	9:15a	Reading of the Third Hour – YouTube Live Stream
			9:30a	Divine Liturgy – St. Mary of Egypt – YouTube Live Stream
			11:30a	Coffee Hour Fellowship
			11:30a	Church School
Wednesday	Apr	24	6:30p	Presanctified Liturgy – YouTube Live Stream
			7:45p	Lenten Lecture
Saturday	Apr	27	9:30a	Divine Liturgy – Lazarus Saturday
			5:30p	Vigil for Palm Sunday
<i>Schedule continues on back page.</i>				

Sunday	Apr	28	9:15a	Reading of the Third Hour – YouTube Live Stream
			9:30a	Divine Liturgy – Palm Sunday – YouTube Live Stream
			11:30a	Coffee Hour Fellowship
			11:30a	Church School
			11:30a	Pascha Bake Sale!

The **Altar Candles** are offered by **Patricia Pearson** in honor of birthdays of grandsons **Hunter** (04/22) and **Tristan** (04/29). May God grant them many years!

**Coffee Hour Fellowship**

Date	Hosts/Hostesses	Donuts/Bagels
Apr 21	Kerch	
Apr 27	<b>Potluck</b>	

**Choir Directors, Readers, Preparers, Greeters, & Altar Servers**

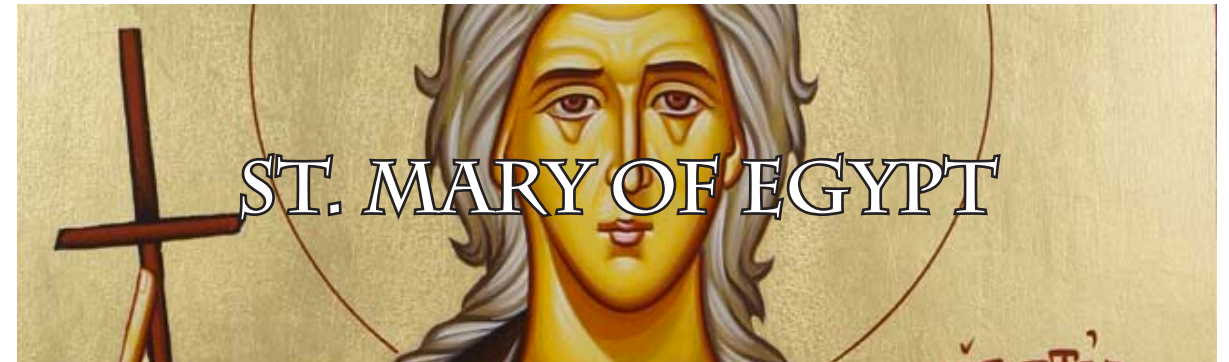
Date	Director	Reader	Preparer	Greeter	Altar Servers
Apr 21	S. Hardy	JM Mikuluk	D. Dillon	T. McCarthy	H. Meyers E.J. Pedersen M. Sedor
Apr 27	A. Boyd	D. Dillon	D. Dillon	K. Phinney	

**TO OUR VISITORS WITH YOUNG CHILDREN:** If you are seeking a quiet place to nurse or calm a rambunctious child, there are two rooms off of the main hallway on this floor to serve you. Our library is the second door on the left as well as our teen classroom, the last door on the left, at the end of the hallway. The library has rocking chairs, and both rooms offer comfortable couches and moderate privacy. Changing tables are located in the Ladies room on the upper level and in the Men's room on the lower level.

**PRAYER REQUEST - O Christ, You alone are our Defender: Visit and help Thy servants who are in need of your help, protection and healing. Among them: Vera Bum-bak; Helen Damiani; Shirley & Paul Dean; Margaret Dove; Julia Flick; George Freimann; Marge German; Jurretta Heckscher; Philip Hydock; John & Patricia Ihnat; Linda Jackson; Cindy & David Jefferson; Steve Kreta; Cristin and John Michael Kumar; Alex Landsburg; Marilyn Macht; Joan Mitchum; John Michael Mikuluk; Mary Mytryshyn; Millie Mytryshyn; Drs. Mary and Anna Nemesh; Matthew Nimmer; David Rodak; Alexandra Sedor; Mka. Alexandra Safchuk; Peter Sielinski; Ann Steger; Cliff Tarpy; Gregory Yakubik.**

Please pray for the child **Penelope; Michael** Ouellette, brother-in-law of Ginny Albert. Christine Cacic's friend, **Carmen; Hannah**, friend of Theodora Dean. Marge German's grandson **Joshua**; friend **Louise**, who is recovering from triple by-pass surgery, and sister **Mary** Rodzon, neice **Debbie** Kuhl. **Heng-Jin** Park, friend of David Hardy. **Pia** Shepherd, sister of Sarah Hardy. **Carmine** Carocella, friend of Pat Ihnat. **Denise** (Dionysia), Godsister of Christina Kalavritinos, and also family friends **Constantine** and **Thomas; Olga**, friend of Helen Kerch; **Mary** Everhart, mother of Ted Koopersmith; **Sandra** Little, Dawn Little's mother-in-law. Marilyn Macht's friend **Carmen**; friend **Ken** Reichard; cousins **Helen** and **Linda**. **Marina** McKee; **Katherine** Nyce, friend of Mary Mytryshyn. **Mka. Kelly** Oleynik; **Amanda** St.Cyr, sister-in-law of Susan Rodak; **Rosemarie**, sister-in-law of Nancy Stanton. Don Truitt's mother, **Janet**; Paula Zabela's cousin **Helen**. **Fr. Patrick** of St. Mary's in Pittsburgh.

**Deliver them from sickness and grievous pains. Raise them up that they may sing to Thee and praise Thee without ceasing, through the prayers of the Theotokos and all your Saints!**



**WELCOME VISITORS!** We invite you downstairs following Liturgy for coffee and light refreshments in the parish hall.

**CHURCH SCHOOL TEACHERS AND STUDENTS** will dismiss immediately at the conclusion of Liturgy. Any children between the ages of 4-18 who are visiting St. Mark today are welcome to join the children for Church School!

**PASCHA CARDS** are in and now available at the gift shop.

**BUTTER LAMBS** will be available again this year for your baskets. Please see Marsha to order one, AND to help make them. Thank you. Marsha

**PASCHA BAKE SALE** A Pascha bread bake sale will be held after liturgy on Palm Sunday. All breads will be \$10 each. Some walnut and poppy seed rolls will also be available for \$15 each. Proceeds will go to the Diocese of Sitka and Alaska.

**PASCHA BREAD BAKING WORKSHOP** Friday, April 26 - Help is needed at the Pascha bread baking workshop. One or two people are needed at 8:00 to help with the dough making and additional people are needed around 10:00 to braid dough for crosses for the tops of the breads. After the breads are cool in the afternoon, several people will be needed to bag the breads. Please let Tina Burpee know if you can help.

**WALNUT & POPPY SEED ROLLS WORKSHOP** Walnut & Poppy Seed rolls will be baked on Thursday, April 25 at 10:30. We will be baking a few rolls for the Pascha bake sale. Please let Tina Burpee know if you can help.

**Happy Birthday To You!**  
**May God Grant You Many Years!**

- 21 Anastacia (Stacy) Jacobsen
- 23 Lori Landsburg  
Chloe Emerson Little  
Kiprian Tatusko
- 24 Susan B. Petro
- 25 Sasha Lutes
- 26 Peter Truitt

**VESPERS BIBLE STUDY** The presentation part of last week's bible study is available online by searching youtube for Doug Dillon Orthodox Teaching Ten Virgins. The group discussion is often lively and engaging but only available in-person. Don't miss out! You can check out earlier bible studies (and new ones as they come out) via this QR code or a YouTube search of "Doug Dillon Orthodox Teaching."



*Since we understand Communion to mean that we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and recent confession may participate in Holy Communion. Following reception of Holy Communion, we should stay in the church until the conclusion of the Liturgy. Our fellowship begins after we venerate the Cross and receive the Blessed Bread (of which all may partake). If you have questions concerning the above, please feel free to speak with Fr. Gregory after Liturgy.*

**ON COMMUNION:** The fasting rules concerning communion apply to those who are healthy enough to keep them. If for example, you require medication that cannot be taken on an empty stomach, please speak to me about the possible need to eat or drink something along with it in the morning prior to liturgy. Thanks! Fr. Gregory

**CHILDREN'S BOOKS** Two baskets of children's books are now located in the vestibule, behind where the greeters stand and next to the stairway to the choir loft. Children should feel free to borrow the books and can return them to the baskets.

**IT'S JUST BREAKFAST:** A group of our St. Mark men meet for breakfast every 2nd and 4th Saturday of the month. Questions? See Mark Phinney. Thank you!

**AKATHIST BOOK:** On the third Tuesday of each month the Matushka Olga prayer group prays an Akathist to address a special need. The collected Akathists are in black loose leaf notebooks in the library on the bottom shelf of the first bookcase on the left as you walk in. Please feel free to take a look at these Akathists and copy them for your personal use.

**ST. MARK WOMEN'S BOOK GROUP** The women's book group will meet in person on Sunday April 14th, in the library after Liturgy, to discuss *Acquiring the Mind of Christ* by Fr. Sergius Bowyer. Join us to discuss this short text. It is available in soft bound form, Kindle and Audible: <https://a.co/d/9EHDITw>  
Upcoming dates and book selections: May 9th at 7:15 p.m. via Zoom – *Anna Karenina* by Leo Tolstoy; June 6th at 7:15 p.m. via Zoom – *Of Human Bondage* by W. Somerset Maugham. The Zoom link will be sent the day before each meeting

**SALE! 2023 BAZAAR FOOD (ALL FROZEN) - FROM FEB.4TH UNTIL GONE!** Pierogi (1 doz.) \$5; Please see Regina Kundell or Tina Burpee if you are interested.

**KIELBASA ALERT!** Dear Parishioners, St. Mark will be purchasing kielbasa, once again, from Butler, PA for Pascha. This is the kielbasa that our parish has been ordering for the past 20 + years, It is a combination of beef and pork, with very little fat and it is smoked, ready to eat. It is being flashed frozen for us. We will be taking pre-orders beginning now through April 19. The price is \$5.00 “a stick” as they do not sell “rings”. You do not have to pay in advance. Please place your order with Karen Phinney at [kkphinn@aol.com](mailto:kkphinn@aol.com) or see her in church.

**SAVE THE DATE!** The 20th Annual St. Andrew Orthodox Church Golf Tournament will be held on Friday, June 28th at The Wetlands Golf Club. As usual, it will be an afternoon tournament with a shotgun start at 1:30P and dinner / awards afterward. Registration will begin at 12P with a lunch served before the tournament starts. Additional details along with registration information will be provided early to mid-March.

**ST. TIKHON'S SUMMER CAMP** Saint Tikhon's Summer Camp is a one-week sleep-away camp program for Orthodox Christian children between the ages of 7 and 17. It is held on the grounds of Saint Tikhon's Monastery and Seminary annually during the first week of July (June 30 to July 6). Participants enjoy a host of outdoor recreational activities (e.g. field sports, swimming, boating) with their peers as well as a superior religious education program and daily church services. The camp does have a limited number of spaces and it's first come first serve. The deadline isn't until March and registration is not open yet but we are getting the word out soon so people can start thinking and planning. The fee is \$360 per camper. The Archdiocese will be supplementing part of the fee. For more information or questions, please reach out to Jake Toroney Email: [Toroney@hotmail.com](mailto:Toroney@hotmail.com) Phone: 610-223-3919

**SAINT ANDREW'S ORTHODOX CAMP (OCA/NY-NJ Diocese, but open to all Orthodox youth and teens)** is another wonderful option to consider this summer, and brochures are available at the candle counter. Located on Lake Oneida in upstate NY, St. Andrew's offers a place to seek God, build friendships, learn, strengthen your faith, enjoy nature, and have fun. The programs include outdoor activities (kayaking, swimming, horse riding, other sports), Christian life discussions, daily worship, arts and crafts, and more! This summer starts with “Family Week” (a shorter program July 1-5) and also includes two Teen weeks, two “Horse” weeks, and a “Mish Mash” week (Music, Art, Drama, Ecology...). For questions not answered in the brochure, send an email to [saintandrewscamp@aol.com](mailto:saintandrewscamp@aol.com) (someone does check that inbox and will respond), or send a text to (315) 675-9771.

## LENTEN LECTURE SCHEDULE

**April 24th** - Don Truitt - Topic: *Bless and Sanctify These Bees: The Orthodox Beekeeping Tradition*

**LENTEN LECTURES ON YOUTUBE** Did you miss a lecture? Or maybe you want to watch it again? All of the Lenten Lectures (that have occurred so far) are available on our YouTube channel.

**March 20th** - Lizzy Sedor & Victor Lutes - Topic: *Orthodox Youth Efforts Nationally & Internationally* <https://www.youtube.com/watch?v=hUYUpWjIHN4&t=7s>

**March 27th** - The Right Reverend Alexei Bishop of Sitka and Alaska - Topic: *The Orthodox Church in Alaska* <https://www.youtube.com/watch?v=4Py0Umf7Ho0>

**April 3rd** - Matushka Miho Ochiai Ealy - Topic: *The Orthodox Church in Japan* <https://www.youtube.com/watch?v=O49dxnr5Ch4>

**April 10th** - Andrew Boyd - Topic: *The Presanctified Liturgy: What is it and What Are We Doing? - A Liturgical Perspective* <https://www.youtube.com/watch?v=xksEillBiCY>

**April 17th** - Fr. Alexander Garklavs - Topic: *The Theotokos in America* - TBD

**PASCHAL GOSPEL READING** If you are fluent in a language other than English and would like to read a portion of the Gospel in that language at the midnight Pascha service, please contact Fr. Gregory.

**EGG HUNT UPDATE** Kyra Smerkanich has volunteered to coordinate the egg hunt this year! Thank you, Kyra! But wait, there's more! Kyra needs a few people to help hide eggs for the kids. If you'd be willing to help with that, please let Kyra know! [kyra.smerkanich@gmail.com](mailto:kyra.smerkanich@gmail.com)

**PASCHA PREP WORKSHOP** Have you ever wanted to learn to make pysanky eggs? Fold palm crosses? Make Pascha bread with friends? Help make Pascha baskets for parish members who can't? Make arts and crafts with kids of all ages?

As many of you know, Pascha will be here in a few short weeks. We will be having a parish wide Pascha prep event on Lazarus Saturday, April 27th, from 2-5. All are welcome and encouraged to attend. We will have lots of crafts and activities for everyone! If you have any questions, ideas, or want to help please see Patty Prose.



**CHICAGO 2024** The Diocese of the Midwest of the Orthodox Church in America in conjunction with Suprasl: A World Fellowship of Orthodox Youth, is hosting “Chicago 2024 – An International Orthodox Youth Encounter” which will be held in Chicago from June 21- 28, 2024. This international event will bring together Orthodox youth from around the world for a week of worship, fellowship, and action.

Participation in Chicago 2024 is open to Orthodox Christian youth aged 18- 30. Priority will be given to participants who are actively engaged in Orthodox youth work. [www.suprasl.org/chicago2024](http://www.suprasl.org/chicago2024)

**CROSSROAD SUMMER 2024** Applications now open! The CrossRoad Summer Program is designed for high school juniors and seniors who are interested in exploring their faith and purpose from an Orthodox Christian perspective. It is open to young people from all walks of life, regardless of their background or level of religious education. Whether you are new to the Orthodox Christian faith or were baptized as an infant of the community, the CrossRoad Summer Program is a welcoming and supportive environment where you can deepen your understanding of your faith and connect with other young Orthodox Christians from across the country.

**SUPRAŚL 2024** is an international Orthodox youth gathering organised by Suprasl: A World Fellowship of Orthodox Youth and hosted by the Orthodox Church of Poland and the Fellowship of Orthodox Youth in Poland June 30 - July 8, 2024.

Supraśl 2024 will bring together Orthodox youth to share in worship and fellowship, to encourage each other in their faith in Jesus Christ, to experience the unity and universality of the One Holy Church and to “bear witness of the light” (John 1:7).

Participation in Supraśl 2024 is open to Orthodox Christian youth aged 16\*- 30 (\*we invite youth aged 16-17 to participate if accompanied by an adult). Priority will be given to participants who are actively engaged in Orthodox youth work. <https://suprasl.org/2024>

**2024 PARISH PHOTO DIRECTORY** By popular demand, we will again be taking portrait photos of our parish members on Sundays following liturgy in my office. From past experience, I expect this process will go on for several months. I encourage all of you to participate (even if you are camera shy) since a photo directory is extremely helpful for us to recognize and come to know each other better. The last edition dates back to 2019. We’ve had many new members join since then, so the need is great! Thanks very much for your cooperation.  
- Fr. Gregory