Saint Mark Orthodox Church

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7124 River Road Bethesda, MD 20817 Church Office: 301-229-6300 www.stmarkoca.org

Rector

V. Rev. Gregory Safchuk Office: 301-229-6300 Home: 301-320-0739 gsafchuk@hotmail.com admin@stmarkoca.org

Parish Council President:

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JANUARY 19th, 2025

EPISTLE					
Col. 3:12 - 16					

GOSPEL Luke 18:35 – 43

Tone 5

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

30th **Sunday After Pentecost.** Ven. Macarius the Great of Egypt (390 – 391). Ven. Macarius of Alexandria (394 – 395). St. Mark, Archbishop of Ephesus (15th c.). Ven. Makáry the Faster, of the Kiev Caves (Near Caves – 12th c.). Ven. Makáry the Deacon, of the Kiev Caves (Far Caves – 13th – 14th c.). Righteous Theodore of Novgorod, Fool-for-Christ (1392). Opening of the Relics of Ven. Savva (Sabbas) of Storozhévsk and Zvenígorod (1692). Ven. Macarius the Roman of Novgorod (15th – 16th c.). Virgin Martry Euphrasia of Nicomedia (303). St. Arsenius, Archbishop of Kerkyra (Corfu – 8th c.). St. Makáry the Stylite, of Martkopsk (Georgia – 6th c.).

Saturday	Jan	18	5:30p	Vespers – YouTube Live Stream
Sunday	Jan	19	9:15a	Reading of the Third Hour
			9:30a	Divine Liturgy – YouTube Live Stream Installation of Parish Council members
			11:30a	Coffee Hour Fellowship
			11:30a	Church School
Tuesday	Jan	21	10:30a	Bl. Mka. Olga Prayer Group - Akathist
			7:00p	Parish Council Meeting
Saturday	Jan	25	5:30p	Vespers – YouTube Live Stream
Sunday	Jan	26	9:15a	Reading of the Third Hour
			9:30a	Divine Liturgy – YouTube Live Stream
			11:30a	Coffee Hour Fellowship
			11:30a	Church School
				Schedule continues on back page.

Wednesday	Jan	29	7:30p	Choir Rehearsal	
Thursday	Jan	30	10:00a	Divine Liturgy – Three Holy Hierarchs – YouTube Live Stream	
Saturday	Feb	1	5:30p	Vespers – YouTube Live Stream	
Sunday	Feb	2	9:15a	Reading of the Third Hour	
			9:30a	Divine Liturgy – YouTube Live Stream	
			11:30a	Coffee Hour Fellowship	
			11:30a	Church School	

Coffee Hour Fellowship					
Date	Hosts/Hostesses				
Jan 19	Potluck				
Jan 26	Amaha				

Choir Directors, Readers, Preparers, Greeters, & Altar Servers						
Date	Director	Reader	Preparer	Greeter	Altar Servers	
Jan 19	A. Boyd	N. Edwards	R. Jefferson	M. Kopcha	S. Brhane H. Meyers E.J. Pedersen	
Jan 26	S. Hardy	M. Lungociu	M. Mihailov	N. Stanton	D. Roth E. Roth M. Sedor	

TO OUR VISITORS WITH YOUNG CHILDREN: If you are seeking a quiet place to nurse or calm a rambunctious child, there are two rooms off of the main hallway on this floor to serve you. Our library is the second door on the left as well as our teen classroom, the last door on the left, at the end of the hallway. The library has rocking chairs, and both rooms offer comfortable couches and moderate privacy. Changing tables are located in the Ladies room on the upper level and in the Men's room on the lower level.

PRAYER REQUEST - O Christ, You alone are our Defender: Visit and help Thy servants who are in need of your help, protection and healing. Among them: Robert, friend of Tina Burpee. Vera Bumbak; Helen Damiani; Shirley & Paul Dean; Margaret Dove; Julia Flick; George Freimann; Philip Hydock; John & Patricia Ihnat; Linda Jackson; Cindy & David Jefferson; Steve Kreta; Cristin and John Michael Kumar; Alex Landsburg; Marilyn Macht; Joan Mitchum; John Michael Mikuluk; Mary Mytryshyn; Millie Mytryshyn; Drs. Mary and Anna Nemesh; David Rodak; Alexandra Sedor; Mka. Alexandra Safchuk; Peter Sielinski; Ann Steger; Cliff Tarpy; Marsha Zellem.

Please pray for **Becky; Michael** Ouellette, brother-in-law of Ginny Albert. **Eileen** and **Rosemary**, friends of Tina Burpee. **Hannah**, friend of Theodora Dean. **Lovie**, cousin of Chris German who was diagnosed with stage four pancreatic cancer. **Paul** Giovetsis, **Carmine** Carocella, friend of Pat Ihnat. **Denise** (Dionysia), Godsister of Christina Kalavritinos, and also family friends **Constantine** and **Thomas**; **Olga**, friend of Helen Kerch; **Mary** Everhart, mother of Ted Koopersmith; **Sandra** Little, Dawn Little's mother-in-law. Marilyn Macht's friend **Carmen**; friend **Ken** Reichard; cousins **Helen** and **Linda**. **Marina** McKee; **Mka**. **Kelly** Oleynik; **Amanda** St.Cyr, sister-in-law of Susan Rodak; **Rosemarie**, sister-in-law of Nancy Stanton. Don Truitt's mother, **Janet**;

Deliver them from sickness and grievous pains. Raise them up that they may sing to Thee and praise Thee without ceasing, through the prayers of the Theotokos and all your Saints!

WELCOME VISITORS! We invite you downstairs following Liturgy for coffee and light refreshments in the parish hall.

CHURCH SCHOOL TEACHERS AND STUDENTS will dismiss immediately at the conclusion of Liturgy. Any children between the ages of 4-18 who are visiting St. Mark today are welcome to join the children for Church School!

INSTALLATION OF PARISH COUNCIL will take place TODAY following Liturgy!

PARISH COUNCIL MEETING has been resecheduled from Tuesday, January 14th to Tuesday, January 21st at 7:00 pm.

PRAYER GROUP The next Akathist will be on Tuesday, January 21st, 2025 at 10:30 a.m. on Zoom.

HOUSE BLESSINGS I am available to come bless your homes. Please let me know if and or when you might like me to visit. It is a wonderful tradition seasonally associated with the Feast of Theophany and the blessing of water. It affords us an opportunity to pray together and spend some quality time in conversation and fellowship. I look forward to hearing from you. - Fr. Gregory

PLEDGE CARDS FOR 2025 Pledge cards for 2025 are now available on the table in the hall, outside of the nave.

2025 WALL CALENDARS are now available on the table in the hall, outside of the nave!

2025 BOX SET ENVELOPES are now available on the table in the hall, outside of the nave!

INVITATION FOR REFLECTIONS In anticipation of the upcoming All-American Council in July, His Beatitude Metropolitan Tikhon has asked all of the communities of the Orthodox Church in America to consider submitting "a reflection on this moment in the life of the Church: whence we have come, where we are now, and whither the Spirit may be calling us". To this end, study guide questions have been prepared to facilitate thought and discussion about the Church on the areas of mission, education, finance and philanthropy. These questions will be distributed soon via our parish email list. All are encouraged to look them over and offer responses. In addition, I have scheduled an in-person gathering for this purpose on Saturday evening, February 22nd. Thank you in advance for your interest and input. - Fr. Gregory

Happy Birthday To You! May God Grant You Many Years!

- 19 Tom Cipu
- 23 Eugenia Jankovic
- 24 Anthony Sekellick
- 25 Rose Zabela

WINTER TEEN RETREAT The Diocese of Eastern Pennsylvania (DOEP) is holding a Winter Teen Retreat and has once again invited the Archdiocese of Washington, DC to participate. Such great success was had with their summer camp (~24 of our youth) and their fall retreat (10 of our youth), that the Distinguished Diocesan Benefactors will again be offering full or partial scholarships to cover the \$200 per child fee!

The retreat will be held from Jan. 31st 2025 - Feb. 2nd, 2025 at a location just north of Lancaster, at Refreshing Mountain 455 Camp Rd, Stevens, PA 17578 https://refreshing-mountain.com/

This is the same venue they used last year and just like the Summer camp the teens had a blast!

If you are interested please contact Jake Toroney (toroney@hotmail.com).

And, mark your calendars! Next year's (2025) summer camp will in the first week of July!

The DOEP has added an option to the Teen Retreat online registration for kids in our Diocese. There's now a "7th-12th grade (Teen in Diocese of DC): \$0.00" in the drop-down menu.

Link to Register: https://www.accounts.doepa.org/retreat

Since we understand Communion to mean that we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and recent confession may participate in Holy Communion. Following reception of Holy Communion, we should stay in the church until the conclusion of the Liturgy. Our fellowship begins after we venerate the Cross and receive the Blessed Bread (of which all may partake). If you have questions concerning the above, please feel free to speak with Fr. Gregory after Liturgy.

ON COMMUNION: The fasting rules concerning communion apply to those who are healthy enough to keep them. If for example, you require medication that cannot be taken on an empty stomach, please speak to me about the possible need to eat or drink something along with it in the morning prior to liturgy. Thanks! Fr. Gregory

CHILDREN'S BOOKS Two baskets of children's books are now located in the vestibule, behind where the greeters stand and next to the stairway to the choir loft. Children should feel free to borrow the books and can return them to the baskets.

IT'S JUST BREAKFAST: A group of our St. Mark men meet for breakfast every 2nd and 4th Saturday of the month. Questions? See David Jefferson. Thank you!

ST. MARK WOMEN'S BOOK GROUP will meet on one Thursday of each month at 7:15 p.m. via Zoom. Watch this space for possible date changes. The next 3 books for discussion are:

Feb. 6 - "Home Front" by Kristin Hannah

Mar. 6 - "The Orthodox Way" by Metropolitan Kallistos Ware

SINGLES RETREAT The Ancient Faith Singles Retreat 30+ is a gathering of Orthodox Christians who are at least 30 years of age, unmarried (single, divorced, widowed), and living in the world. The weekend will include daily matins and vespers, and Sunday Divine Liturgy. The group will participate in interactive, leader-led discussion sessions, opportunities for community service, games, and social activities, and free time for relaxation and fellowship. When: Thursday, February 20, 2025 - Sunday, February 23, 2025 Where: Antiochian Village Conference Center. For more information, please visit: https://store.ancient-faith.com/singles/