Saint Mark Orthodox Church

Orthodox	Church	in Am	erica
Archdioc	ese of W	/ashin	gton

7124 River Road Bethesda, MD 20817 Church Office: 301-229-6300 www.stmarkoca.org

Rector

V. Rev. Gregory Safchuk Office: 301-229-6300 Home: 301-320-0739 gsafchuk@hotmail.com admin@stmarkoca.org

Parish Council President:

Thomas Jenkins Home: 410-643-9249 tai@toucan411.com

JANUARY 5th, 2025

	EPI	STLE	
2	Tim.	4:5 –	8

GOSPEL Mark 1:1 – 8

Tone 3

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

28th **Sunday After Pentecost.** Sunday Before the Theophany. Eve of the Theophany. Hieromartyr Theopemptus and Martyr Theonas. Ven. Syncletica of Alexandria. Hieromartyr Theopemptus, Bishop of Nicomedia, and Martyr Theonas (303). Ven. Syncletica of Alexandria (ca. 350). Prophet Micah (9th c. B.C.). Virgin Apollinarius of Egypt (ca. 470). Ven. Phosterius the Hermit (6th c.). Ven. Menas of Sinai (6th c.). Ven. Gregory of Crete (ca. 820). Ven. Romanos, Martyr (1694).

Saturday	Jan	4	4:30p	40 th Day Memorial Service for Mka. Marie Meyendorff	
			5:30p	Vespers – YouTube Live Stream	
Sunday	Jan	5	9:15a	Reading of the Third Hour	
			9:30a	Divine Liturgy – YouTube Live Stream	
			11:30a	Coffee Hour Fellowship	
			11:30a	Church School	
			5:30p	Theophany Compline and Great Blessing of Water	
Monday	Jan	6	10:00a	Divine Liturgy – Theophany – YouTube Live Stream	
Tuesday	Jan	7	10:30a	Bl. Mka. Olga Prayer Group – Intercessory Prayer	
Saturday	Jan	11	5:30p	Vespers – YouTube Live Stream	
Sunday	Jan	12	9:15a	Reading of the Third Hour	
			9:30a	Divine Liturgy – YouTube Live Stream Installation of Parish Council members	
				Schedule continues on back page.	

Sunday	Jan	12	11:30a	Coffee Hour Fellowship	
			11:30a	Church School	
Tuesday	Jan	14	7:00p	Parish Council Meeting	
Saturday	Jan	18	5:30p	Vespers – YouTube Live Stream	
Sunday	Jan	19	9:15a	Reading of the Third Hour	
			9:30a	Divine Liturgy – YouTube Live Stream	
			11:30a	Coffee Hour Fellowship	
			11:30a	Church School	

The **Altar Candles** are offered by **Michael & Tammy McDonald** in celebration of the wedding anniversary of **Heather & Brett Parshall**. May God grant them many years! The **Sanctuary Candles** are offered by **Christina Kalavritinos** in memory of **Georgia Haralabos & John Panagiotis** and **Demetrios**. May their memory be eternal!

Coffee Hour Fellowship			
Date Hosts/Hostesses			
Jan 5	G. Riscuta		
Jan 12	Jacobsen		

С	Choir Directors, Readers, Preparers, Greeters, & Altar Servers					
Date	Director	Reader	Preparer	Greeter	Altar Servers	
Jan 5	J. Sokich	E. Valentin- Morales	Mka. G. Phelps	J. Stevens	S. Brhane H. Meyers E.J. Pedersen	
Jan 12	S. Sielinski	T. Jenkins	Dn. D. Phelps	P. Zabela	D. Roth E. Roth M. Sedor	

TO OUR VISITORS WITH YOUNG CHILDREN: If you are seeking a quiet place to nurse or calm a rambunctious child, there are two rooms off of the main hallway on this floor to serve you. Our library is the second door on the left as well as our teen classroom, the last door on the left, at the end of the hallway. The library has rocking chairs, and both rooms offer comfortable couches and moderate privacy. Changing tables are located in the Ladies room on the upper level and in the Men's room on the lower level.

PRAYER REQUEST - O Christ, You alone are our Defender: Visit and help Thy servants who are in need of your help, protection and healing. Among them: Vera Bumbak; Helen Damiani; Shirley & Paul Dean; Margaret Dove; Julia Flick; George Freimann; Philip Hydock; John & Patricia Ihnat; Linda Jackson; Cindy & David Jefferson; Steve Kreta; Cristin and John Michael Kumar; Alex Landsburg; Marilyn Macht; Joan Mitchum; John Michael Mikuluk; Mary Mytryshyn; Millie Mytryshyn; Drs. Mary and Anna Nemesh; David Rodak; Alexandra Sedor; Mka. Alexandra Safchuk; Peter Sielinski; Ann Steger; Cliff Tarpy; Marsha Zellem.

Please pray for **Becky; Michael** Ouellette, brother-in-law of Ginny Albert. **Eileen** and **Rosemary**, friends of Tina Burpee. **Hannah**, friend of Theodora Dean. **Lovie**, cousin of Chris German who was diagnosed with stage four pancreatic cancer. **Paul** Giovetsis, **Carmine** Carocella, friend of Pat Ihnat. **Denise** (Dionysia), Godsister of Christina Kalavritinos, and also family friends **Constantine** and **Thomas**; **Olga**, friend of Helen Kerch; **Mary** Everhart, mother of Ted Koopersmith; **Sandra** Little, Dawn Little's mother-in-law. Marilyn Macht's friend **Carmen**; friend **Ken** Reichard; cousins **Helen** and **Linda**. **Marina** McKee; **Mka**. **Kelly** Oleynik; **Amanda** St.Cyr, sister-in-law of Susan Rodak; **Rosemarie**, sister-in-law of Nancy Stanton. Don Truitt's mother, **Janet**;

Deliver them from sickness and grievous pains. Raise them up that they may sing to Thee and praise Thee without ceasing, through the prayers of the Theotokos and all your Saints!

WELCOME VISITORS! We invite you downstairs following Liturgy for coffee and light refreshments in the parish hall.

CHURCH SCHOOL TEACHERS AND STUDENTS will dismiss immediately at the conclusion of Liturgy. Any children between the ages of 4-18 who are visiting St. Mark today are welcome to join the children for Church School!

THEOPHANY Compline and Great Blessing of Water will take place on Sunday, January 5th, at 5:30 pm. Divine Liturgy for Theophany will take place at 10:00 am on Monday, January 6th.

PLEDGE CARDS FOR 2025 Pledge cards for 2025 are now available on the table in the hall, outside of the nave.

2025 WALL CALENDARS are now available on the table in the hall, outside of the nave!

2025 BOX SET ENVELOPES are now available on the table in the hall, outside of the nave!

VESPERS BIBLE STUDY is on a break and will resume again very soon! More to come, stay tuned! The most recent bible study "Spirit,' a word study, a meditation" is now up on YouTube! Previous bible studies are also up on the channel. Check it out! There is approx 30 mins of study and then a discussion afterward. https://www.youtube.com/@dougdillon1956/videos or with this QR code:



PRAYER GROUP The next Akathist will be on Tuesday, January 21st, 2025 at 10:30 a.m. on Zoom.

Happy Birthday To You! May God Grant You Many Years!

- 5 Michael Albert
 - Anna Meyendorff
- 7 John Bainbridge
 - Lisa Cannon
 - Ted Koopersmith
- 8 Alexander Masick
- 9 Susan Petro
- 11 Debbi Dillon
 - Anelia Rotunda

WINTER TEEN RETREAT The Diocese of Eastern Pennsylvania (DOEP) is holding a Winter Teen Retreat and has once again invited the Archdiocese of Washington, DC to participate. Such great success was had with their summer camp (~24 of our youth) and their fall retreat (10 of our youth), that the Distinguished Diocesan Benefactors will again be offering full or partial scholarships to cover the \$200 per child fee!

The retreat will be held from Jan. 31st 2025 - Feb. 2nd, 2025 at a location just north of Lancaster, at Refreshing Mountain 455 Camp Rd, Stevens, PA 17578 https://refreshing-mountain.com/

This is the same venue they used last year and just like the Summer camp the teens had a blast!

If you are interested please contact Jake Toroney (toroney@hotmail.com).

And, mark your calendars! Next year's (2025) summer camp will in the first week of July!

The DOEP has added an option to the Teen Retreat online registration for kids in our Diocese. There's now a "7th-12th grade (Teen in Diocese of DC): \$0.00" in the drop-down menu.

Link to Register: https://www.accounts.doepa.org/retreat

Since we understand Communion to mean that we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and recent confession may participate in Holy Communion. Following reception of Holy Communion, we should stay in the church until the conclusion of the Liturgy. Our fellowship begins after we venerate the Cross and receive the Blessed Bread (of which all may partake). If you have questions concerning the above, please feel free to speak with Fr. Gregory after Liturgy.

ON COMMUNION: The fasting rules concerning communion apply to those who are healthy enough to keep them. If for example, you require medication that cannot be taken on an empty stomach, please speak to me about the possible need to eat or drink something along with it in the morning prior to liturgy. Thanks! Fr. Gregory

CHILDREN'S BOOKS Two baskets of children's books are now located in the vestibule, behind where the greeters stand and next to the stairway to the choir loft. Children should feel free to borrow the books and can return them to the baskets.

IT'S JUST BREAKFAST: A group of our St. Mark men meet for breakfast every 2nd and 4th Saturday of the month. Questions? See David Jefferson. Thank you!

ST. MARK WOMEN'S BOOK GROUP will meet on one Thursday of each month at 7:15 p.m. via Zoom. Watch this space for possible date changes. The next 3 books for discussion are:

Jan. 9 (date change) - "the Berry Pickers" by Amanda Peters

Feb. 6 - "Home Front" by Kristin Hannah

Mar. 6 - "The Orthodox Way" by Metropolitan Kallistos Ware

Happy January Birthdays! May God Grant You Many Years!

4	Samuel Kumar		18	Katheryn Cannon
5	Michael Albert		19	Tom Cipu
	Anna Meyendorff		23	Eugenia Jankovic
7	John Bainbridge		24	Anthony Sekellick
	Lisa Cannon		25	Rose Zabela
	Ted Koopersmith		26	Matthew Nimmer
8	Alexander Masick			Ivana Rotunda
9	Susan Petro		27	Michael Berencz
11	Debbi Dillon			Michael Corbin
	Anelia Rotunda			James Lacko
12	Regina Kundell	N-N-N-N	28	Kaitlin Barber
14	Joan Mitchum			Nicholas Herrara
15	Michael Bezuneh	\	29	Tyler Church
	Nicholas Bilyeu			Jurretta Heckscher
16	Justin Ciubotaru)	Marilyn Macht
17	Hannah Perry		30	Michelle Corbin
	Janice Victorov	area Pa	31	Rodica Cipu

