

Saint Mark Orthodox Church						
Orthodox Church in America Archdiocese of Washington 7124 River Road Bethesda, MD 20817 Church Office: 301-229-6300 www.stmarkoca.org			Rector V. Rev. Gregory Safchuk Office: 301-229-6300 Home: 301-320-0739 gsafchuk@hotmail.com admin@stmarkoca.org		Parish Council President: Thomas Jenkins Home: 410-643-9249 taj@toucan411.com	
MAY 11th, 2025						
EPISTLE Acts 9:32 – 42			GOSPEL John 5:1 – 15		Tone 3	
DIVINE LITURGY OF ST. JOHN CHRYSOSTOM						
PARALYTIC – 4 th Sunday of Pascha. Commemoration of the Founding of Constantinople. Hieromartyr Mocius (Mucius), Presbyter, of Amphipolis in Macedonia (3 rd – 4 th c.) HOLY EQUALS-TO-THE-APOSTLES CYRIL (869) and METHODIUS (885), FIRST TEACHERS OF THE SLAVS. Ven. Sophróny, Recluse, of the Kiev Caves (Far Caves – 13 th c.). St. Joseph, Metropolitan of Astrakhan (1671). St. Nicodemus, Archbishop of Serbia. (1325).						
Saturday	May	10	5:30p	Vespers – YouTube Live Stream		
Sunday	May	11	9:15a	Reading of the Third Hour		
			9:30a	Divine Liturgy – Paralytic – YouTube Live Stream		
			11:30a	Church School		
			11:30a	Coffee Hour Fellowship		
Tuesday	May	13	7:00p	Parish Council Meeting		
Saturday	May	17	5:30p	Vespers – YouTube Live Stream		
Sunday	May	18	9:15a	Reading of the Third Hour		
			9:30a	Divine Liturgy – Samaritan Woman – YouTube Live Stream		
			11:30a	Church School		
			11:30a	Semi-Annual Meeting and Coffee Hour Fellowship		
Tuesday	May	20	10:30a	Bl. Mka. Olga Prayer Group – Akathist		
Saturday	May	24	4:00p	Baptism of Brooks Booth		
Sunday	May	25	9:15a	Reading of the Third Hour		
				Schedule continues on back page.		

Sunday	May	25	9:30a	Divine Liturgy – Blind Man – YouTube Live Stream
			11:30a	Church School
			11:30a	Coffee Hour Fellowship
Thursday	May	29	10:00a	Divine Liturgy – Ascension – YouTube Live Stream


The **Sanctuary Candles** are offered by **Christina Kalavritinos** in thanksgiving for **Joanna Williams** in celebration of her birthday! May God grant her many years!

Coffee Hour Fellowship		
Date	Hosts/Hostesses	
May 11	Sedor/Pedersen	
May 18	Albert	

Choir Directors, Readers, Preparers, Greeters, & Altar Servers					
Date	Director	Reader	Preparer	Greeter	Altar Servers
May 11	A. Boyd	T. Jacobsen	Mka. G. Phelps	N. Stanton	S. Brhane H. Meyers E.J. Pedersen D. Roth E. Roth M. Sedor
May 18	S. Sielinski D. Hardy	E. Valentin-Morales	Dn. D. Phelps	M. Kopcha	

To make a donation electronically, please scan the QR Code:
Please specify the purpose of your donation in the text box.
(Example: candles, general purpose, pledge, etc.)
Thank you!

Donation



PRAYER REQUEST - O Christ, You alone are our Defender: Visit and help Thy servants who are in need of your help, protection and healing. Among them: Vera Bum-bak; Helen Damiani; Shirley & Paul Dean; Margaret Dove; Julia Flick; George Freimann; Philip Hydock; John & Patricia Ihnat; Linda Jackson; Stacy Jacobsen; Cindy & David Jefferson; Steve Kreta; Cristin and John Michael Kumar; Alex Landsburg; Marilyn Macht; Joan Mitchum; John Michael Mikuluk; Mary Mytryshyn; Millie Mytryshyn; Drs. Mary and Anna Nemesh; David Rodak; Alexandra Sedor; Mka. Alexandra Safchuk; Peter Sielinski; Ann Steger; Cliff Tarp; Marsha Zelle.

Please pray for **Becky; Eileen, Rosemary and Robert**, friends of Tina Burpee. **Hannah**, friend of Theodora Dean. **Pia** Shepherd, sister of Sarah Hardy. **Paul** Giovetsis, **Carmine** Carocella, friend of Pat Ihnat. **Denise** (Dionysia), Godsister of Christina Kalavritinos, and also family friends **Constantine** and **Thomas; Olga**, friend of Helen Kerch; **Mary** Everhart, mother of Ted Koopersmith; **Alexandra**, Grandaughter of Larisa Looby; **Sandra** Little, Dawn Little's mother-in-law. Marilyn Macht's friend **Carmen**; friend **Ken** Reichard; cousins **Helen** and **Linda. Marina** McKee; **Mka. Kelly** Oleynik; **Amanda** St.Cyr, sister-in-law of Susan Rodak; **Marjorie** Sielinski; **Rosemarie**, sister-in-law of Nancy Stanton. Don Truitt's mother, **Janet**;

Deliver them from sickness and grievous pains. Raise them up that they may sing to Thee and praise Thee without ceasing, through the prayers of the Theotokos and all your Saints!



WELCOME VISITORS! We invite you downstairs following Liturgy for coffee and light refreshments in the parish hall.

SEMI-ANNUAL MEETING will take place on Sunday, May 18th, following Liturgy. Read-ahead packets are available on the table in the hallway outside of the nave! They are also available on our website. As a reminder, our financial reports are only available in hard copy.

CORRECTED REPORT There was a small error in the Profit and Loss report for 2024 in the read-ahead packets made available last week. Please pick up a corrected copy today on the table in the hallway.

2025 PARISH DIRECTORY It's finally here! The 2025 Parish Photo Directory is now available!! Please pick up your copy on the table by the kitchen in the parish hall during coffee hour!

VESPERS BIBLE STUDY will resume soon! Access presentations (typically 3 slides a minute and less than 30 minutes) of previous studies at www.youtube.com/@doug Dillon1956 or by following this QR code:



Happy Mother's Day!

Happy Birthday To You! May God Grant You Many Years!

12	Shirley Dean Joanna Williams	15	Bennett Barber Antonina Riscuta
13	Ellen Barber	16	Alexandra Brasoveanu-Tarpy
14	Alexander Norton Bella Prose	17	Sherry Safchuk

AKATHIST HYMNS ARE AVAILABLE IN THE LIBRARY. They are located on the large book case on the right. The color coded folders contain various Akathist Hymns to Our Lord God and Savior Jesus Christ, The Most Holy Theotokos, Blessed Matushka Olga of Alaska, The Repose of Those Who Have Fallen Asleep, The Life of Mary of Egypt, and Prayers for the Sanctity of Life. You are more than welcome to take one or make copies.

ST. MARK PARISH EMAIL LIST “The Friends List” If you are new to our parish, or not new, and would like to be added to our parish email list please email admin@stmarkoca.org and we will add you!

BOOKSHELVES We have been blessed with additional books for our parish library. In fact, we need some additional bookshelves to put them on. It will take some rearrangement of our current configuration, but it will be worth it. If you have a bookshelf that you no longer need, please see Fr. Gregory.

OUR NEW COFFEE HOUR SIGN UP IS AVAILABLE! Please look over the schedule and the task list located downstairs by the kitchen window. There are slots available to bring donuts and creamers, set up and make coffee, clean up, and assist team leaders with bringing food. There is something available for everyone to help. If you prefer, sign up via SignUp Genius available here: <https://www.signupgenius.com/go/904054EAEA-B2EA02-55615087-coffee>

Since we understand Communion to mean that we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and recent confession may participate in Holy Communion. Following reception of Holy Communion, we should stay in the church until the conclusion of the Liturgy. Our fellowship begins after we venerate the Cross and receive the Blessed Bread (of which all may partake). If you have questions concerning the above, please feel free to speak with Fr. Gregory after Liturgy.

ON COMMUNION: The fasting rules concerning communion apply to those who are healthy enough to keep them. If for example, you require medication that cannot be taken on an empty stomach, please speak to me about the possible need to eat or drink something along with it in the morning prior to liturgy. Thanks! Fr. Gregory

CHILDREN’S BOOKS Two baskets of children’s books are now located in the vestibule, behind where the greeters stand and next to the stairway to the choir loft. Children should feel free to borrow the books and can return them to the baskets.

TO OUR VISITORS WITH YOUNG CHILDREN: If you are seeking a quiet place to nurse or calm a rambunctious child, there are two rooms off of the main hallway on this floor to serve you. Our library is the second door on the left as well as our teen classroom, the last door on the left, at the end of the hallway. The library has rocking chairs, and both rooms offer comfortable couches and moderate privacy. Changing tables are located in the Ladies room on the upper level and in the Men’s room on the lower level.

IT’S JUST BREAKFAST: A group of our St. Mark men meet for breakfast every 2nd and 4th Saturday of the month. Questions? See David Jefferson. Thank you!

ST. MARK WOMEN’S BOOK GROUP will meet the first Thursday of each month at 7:15 p.m. via Zoom. Watch this space for possible date changes. The next book for discussion is **June 5** - “*Dead Souls*” by Nikolai Gogol
July 3 - “*Isola*” by Allegra Goodman
Aug 7 - “*The Shell Seekers*” by Rosamunde Pilcher

ST. TIKHON'S SUMMER CAMP Saint Tikhon's Summer Camp is a one-week sleep-away camp program for Orthodox Christian children between the ages of 7 and 17. It is held on the grounds of Saint Tikhon's Monastery and Seminary annually during the first week of July (June 29 to July 5). Participants enjoy a host of outdoor recreational activities (e.g. field sports, swimming, boating) with their peers as well as a superior religious education program and daily church services. The camp does have a limited number of spaces and it's first come first serve. Registration opens on February 14th here: <https://www.sttikhon-scamp.org/>. For more information or questions about the camp, please reach out to Jake Toroney Email: Toroney@hotmail.com Phone: 610-223-3919. There are a limited number of need-based scholarships available from the Archdiocese, please see Fr. Gregory for more information on scholarships.

Additionally, St. Tikhon's Summer Camp is looking for volunteers. We are in need of kitchen staff, age group counselors, area counselors, and lifegaurds. You must be 18 years or older and Orthodox Christian in good standing to apply. If interested, apply here: https://accounts.doepa.org/counselor_application

THE 21ST ANNUAL ST. ANDREW ORTHODOX CHURCH GOLF TOURNAMENT Registration is now open!! The tournament will take place on Friday, June 13th at Geneva Farm Golf Course in Street, MD. We hope to see you there for this fun-filled fellowship event! See the church website for more details and the regstration form: https://standrew-baltimore.org/upcoming_events (scroll until you see the golf tournament information)

FOOD FESTIVAL (Versiune în limba română mai jos) Saint Andrew Romanian Orthodox Church invites you on the weekend of May 16 – 18, 2025 to a new edition of the Romanian Food Festival which will take place at the church's property located at 9111 River Road in Potomac, Maryland. The entrance is free! Free will donations for the completion of the "Moldovița la Washington DC" church are encouraged and desired.

During this weekend, the experience of Romanian traditions and culture will be at its best! Hundreds of volunteers are eagerly waiting for you and will greet you with the traditional "Bine ati venit! / Welcome!" and "Pofta bună! / Enjoy your meal!"