

# Saint Mark Orthodox Church

**Orthodox Church in America  
Archdiocese of Washington**

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Bethesda, MD 20817  
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**Rector**

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**Parish Council President:**

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**MAY 3<sup>rd</sup>, 2026**

**EPISTLE**

Acts 9:32 – 42

**GOSPEL**

John 5:1 – 15

**Tone 3**

**DIVINE LITURGY OF ST. JOHN CHRYSOSTOM**

4<sup>th</sup> SUNDAY OF PASHCA – PARALYTIC. Martyrs Timothy the Reader and his wife Maura of Antinoë in Egypt (ca. 286). Ven. Theodosius, Abbot of the Kiev Caves Monastery and Founder of Coenobitic Monasticism in Russia (1074). St. Peter the Wonderworker, Bishop of Argolis (10<sup>th</sup> c.). Ven. Hegumeness Iulianya (1393) and Ven. Nun Evpraksiya (1394) of Moscow. The “Svenskaya” Icon of the Most-holy Theotokos (1288).

Saturday	May	2	4:30p	Memorial Service for David Burpee
			5:30p	Vespers – YouTube Live Stream
Sunday	May	3	9:15a	Reading of the Third Hour
			9:30a	Divine Liturgy – Paralytic – YouTube Live Stream
			11:30a	Coffee Hour Fellowship
			11:30a	Church School
Tuesday	May	5	10:30a	St. Olga of Alaska Prayer Group – Intercessory Prayer
Saturday	May	9	5:30p	Vespers – YouTube Live Stream
Sunday	May	10	9:15a	Reading of the Third Hour
			9:30a	Divine Liturgy – Samaritan Woman – YouTube Live Stream
			11:30a	Coffee Hour Fellowship
			11:30a	Church School
Tuesday	May	12	7:00p	Parish Council Meeting
Saturday	May	16	5:30p	Vespers – YouTube Live Stream

*Schedule continues on back page.*

Sunday	May	17	9:15a	Reading of the Third Hour
			9:30a	Divine Liturgy – Blind Man – YouTube Live Stream
			11:30a	Coffee Hour Fellowship & Semi-Annual Meeting
			11:30a	Church School
Tuesday	May	19	10:30a	St. Olga of Alaska Prayer Group – Akathist
Wednesday	May	20	11:00a	Funeral for Nicholas Kuzemka

The **Altar Candles** are offered by **Tina Burpee** in memory of husband **David**. May his memory be eternal!

The **Sanctuary Candles** are offered by **Patricia Pearson** in celebration of **John Michael Mikuluk’s** birthday, May 1<sup>st</sup>. May God grant him many years!

**Coffee Hour Fellowship**

Date	Hosts/Hostesses	
May 3	Prose	
May 10	Lungociu	

**Choir Directors, Readers, Preparers, Greeters, & Altar Servers**

Date	Director	Reader	Preparer	Greeter	Altar Servers
May 3	S. Sielinski	T. Jacobsen	Mka. G Phelps	M. Macht	All eligible altar servers welcome!
May 10	A. Boyd	M. Baxtresser	R. Jefferson	N. Stanton	

Donation

**To make a donation electronically, please scan the QR Code:**  
**Please specify the purpose of your donation in the text box.**

*(Example: candles, general purpose, pledge, etc.)*

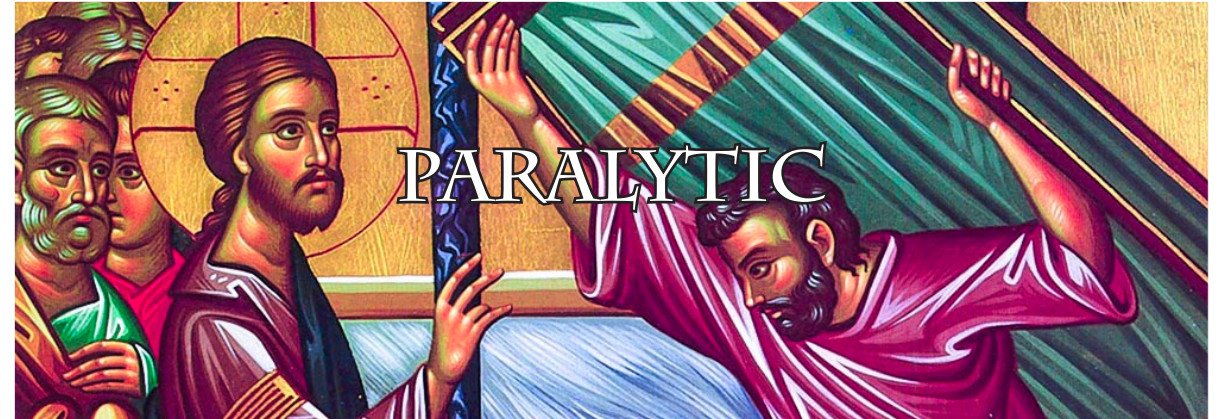
**Thank you!**



**PRAYER REQUEST - O Christ, You alone are our Defender: Visit and help Thy servants who are in need of your help, protection and healing. Among them: Christina & Michael Berencz; Vera Bumbak; Helen Damiani; Shirley & Paul Dean; Margaret Dove; Julia Flick; Philip Hydock; John & Patricia Ihnat; Linda Jackson; Stacy Jacobsen; Cindy & David Jefferson; Steve Kreta; Alex Landsburg; Marilyn Macht; Joan Mitchum; John Michael Mikuluk; Mary Mytryshyn; Millie Mytryshyn; Drs. Mary and Anna Nemesh; David Rodak; Alexandra Sedor; Mka. Alexandra Safchuk; Peter Sielinski; Ann Steger; Cliff Tarpy; Marsha Zellem.**

Please pray for **Doreen** Dyer, friend of Jack and Ginny Albert. **Becky; Eileen, Rosemary and Robert**, friends of Tina Burpee. **Hannah**, friend of Theodora Dean. **Shannon and Matt**, daughter and son-in-law of John Hendrickson. **Paul** Giovetis, **Denise** (Dionysia), Godsis-ter of Christina Kalavritinos, and also family friends **Constantine** and **Thomas; Olga**, friend of Helen Kerch; **Mary** Everhart, mother of Ted Koopersmith; **Alexandra**, Granddaughter of Larisa Looby; **Sandra** Little, Dawn Little's mother-in-law. Marilyn Macht's friend **Car-men**; friend **Ken** Reichard; cousins **Helen** and **Linda. Marina** McKee; **Mka. Kelly** Oleynik; **Amanda** St.Cyr, sister-in-law of Susan Rodak; **Marjorie** Sielinski; **Rosemarie**, sister-in-law of Nancy Stanton. Don Truitt's mother, **Janet**;

**Deliver them from sickness and grievous pains. Raise them up that they may sing to Thee and praise Thee without ceasing, through the prayers of the Theotokos and all your Saints!**



**WELCOME VISITORS!** We invite you downstairs following Liturgy for coffee and light refreshments in the parish hall.

**SEMI-ANNUAL MEETING** will take place on Sunday, May 17th, following Liturgy. Read-aheads will be made available on Sunday, May 10th.

**2026 GRADUATES** Are you or someone in your family graduating from high school or college this May and June? If so, please let Fr. Gregory or Sharon Sielinski know. We will honor our graduates following Divine Liturgy on a date to be determined! Stay tuned!

**SAVE THE DATE!** The parish picnic will take place on Sunday, May 31st, following Liturgy! Please stay tuned for details!

**FROZEN BAKED GOODS** there are still a few frozen Pascha breads (\$15) and walnut and poppy seed rolls (\$25) available for sale. Proceeds go to the HVAC fund. See Tina Burpee during coffee hour if you are interested.

**COFFEE HOUR SIGN UP** Our May-June coffee hour sign up is available downstairs near the walk-in fridge. Please consider where you are able to help. If you have any questions or want the link to the online version please see Debbi Dillon.

**VESPERS BIBLE STUDY** Bible Study will resume on Saturday, May 16th! Earlier presentations are up on youtube channel at: <https://www.youtube.com/@doug Dillon1956>

## Happy Birthday To You! May God Grant You Many Years!

1	John Michael Mikuluk	7	Colleen Church
2	Susan Rodak Aubreigh Roth		Lily Church Madeleine Voth
3	Manuella Buzoianu Balan		Nicholas Voth
6	John Michael Kumar	8	Patricia Pearson

### OPPORTUNITIES FOR MINISTRY IN OUR PARISH

- Library care and management
- Prospora baking
- Hydration of fresh decorative flowers in church
- Upkeep and maintenance of facility and grounds
- Parish hall setup for events
- Assistance with church school
- Coffee hour service
- Bell ringing
- Altar and Handmaid service
- Parish Council
- Choir
- Liturgical vestments repair (sewing buttons, etc.)

Check the bulletin for updates. Your help is greatly appreciated! Please see Fr. Gregory with questions.

**CHANGES IN PRAYER** Just a reminder that during this Paschal season, the prayer “Oh Heavenly King...” is replaced by “Christ is Risen from the dead, trampling down death by death and upon those in the tombs bestowing life” 3X. May 20th is the Leavetaking of Pascha at which time we conclude the use of “Christ is Risen...”. Then on Pentecost Sunday (May 31st ) the prayer “Oh Heavenly King is reintroduced.

**SAVE THE DATE!** The 22nd Annual St. Andrew Orthodox Church Golf Tournament will be held on Friday, June 5th at Geneva Farm Golf Course in Street, MD. The tournament will be an afternoon tournament with a shotgun start beginning at 2:00P. Registration information and additional tournament information will be provided in late March to early April.

*Since we understand Communion to mean that we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and recent confession may participate in Holy Communion. Following reception of Holy Communion, we should stay in the church until the conclusion of the Liturgy. Our fellowship begins after we venerate the Cross and receive the Blessed Bread (of which all may partake). If you have questions concerning the above, please feel free to speak with Fr. Gregory after Liturgy.*

**ON COMMUNION:** The fasting rules concerning communion apply to those who are healthy enough to keep them. If for example, you require medication that cannot be taken on an empty stomach, please speak to me about the possible need to eat or drink something along with it in the morning prior to liturgy. Thanks! Fr. Gregory

**CHILDREN’S BOOKS** Two baskets of children’s books are now located in the vestibule, behind where the greeters stand and next to the stairway to the choir loft. Children should feel free to borrow the books and can return them to the baskets.

**TO OUR VISITORS WITH YOUNG CHILDREN:** If you are seeking a quiet place to nurse or calm a rambunctious child, there are two rooms off of the main hallway on this floor to serve you. Our library is the second door on the left as well as our teen classroom, the last door on the left, at the end of the hallway. The library has rocking chairs, and both rooms offer comfortable couches and moderate privacy. Changing tables are located in the Ladies room on the upper level and in the Men’s room on the lower level.

**IT’S JUST BREAKFAST:** A group of our St. Mark men meet for breakfast every 2nd and 4th Saturday of the month. Questions? See David Jefferson. Thank you!

**ST. MARK WOMEN’S BOOK GROUP** will meet the first Thursday of each month at 7:15 p.m. via Zoom. Watch this space for possible date changes. The next books for discussion are:

May 7 - “Paul: A Biography” by N. T. Wright

June 4 - “Persuasion” by Jane Austen

# Happy May Birthdays!

May God Grant You Many Years!

1	John Michael Mikuluk	17	Sherry Safchuk
2	Susan Rodak Aubreigh Roth	19	Carol Mary Ashley Stephen Ilario
3	Manuella Buzoianu Balan		Timothy Masick
6	John Michael Kumar	21	Coy Williamson
7	Colleen Church Lily Church Madeleine Voth Nicholas Voth	22	Simina Lal Ciubotaru Renee Zabela Dominic Rotunda
8	Patricia Pearson	23	Cindy Jefferson
12	Shirley Dean Joanna Williams	25	Eddie Roth
13	Ellen Barber	26	Christina Berencz Andrew Bumbak
14	Alexander Norton Bella Prose	27	Fr. Mark Koczak
15	Bennett Barber Antonina Riscuta	29	James Ficht Henry William Meyers Patty Prose
16	Alexandra Brasoveanu-Tarpy	31	Hannah LeFors Alexandra Sedor

**9TH ANNUAL ST. MARK TOMATO SEEDLING SALE** – “Free Will Offering” *Bless the Lord, all things that grow on the earth.* There are tomato seedlings available in the Church Hall on a “first come first served” basis. A free will offering is requested in light of the unique varieties involved, along with the time and expense of production. All funds donated will go to the St. Mark HVAC Fund. Please make any free will donations via your usual method. Please contact Don Truitt for any questions on the seedlings.

**GIFT SHOP** Our parish Gift Corner is a small ministry created to serve and bless our church family. As we continue to stock it with meaningful items, we would love to hear from you! Please share your thoughts, suggestions, and preferences on what you would like to see offered in the Gift Corner so that we may better serve the needs and interests of our parish. Kindly direct your feedback to Carol Mary or Anelia. Thank you for helping this ministry grow in a way that best serves our parish community!

**BABY BOTTLE CAMPAIGN** Once again, we will be supporting Mothers in need and their young children by filling and donating baby bottles with spare change. All donations go to Shady Grove Pregnancy Center to help mothers with what they need the most. Bottles will be available for pick up in the social hall following liturgy beginning this Sunday running through Sunday May 10. The change you get back from your morning coffee or your lunch on the go, can add up quickly to benefit those in need. Don't worry if you are among those of us who use cashless systems. Checks can be written directly to Shady Grove Pregnancy Center, and they will credit you with your donation. If you desire, you may donate through St. Mark by noting Baby Bottle Campaign on the bottom of the check and putting it in the plate. You may also contribute electronically through the St. Mark website noting your donation for Baby Bottle. The funds collected by the church will be consolidated and one check will be sent to Shady Grove. What a wonderful way to honor mothers by supporting those who need our help the most. Thank you in advance for your generosity.

**OUR YOUTUBE CHANNEL** Please visit our very own YouTube channel at <https://youtube.com/@stmarkoca>! Not only can you stream all of our regular services, but you can also see past Lenten lectures and some other special services.

While you are there, please take a moment to subscribe. There is no cost or obligation to you, but we do need another 150 or so subscribers to reach the level where we can more easily produce our videos. Please visit and subscribe!